

2.1 DEFINITION OF TITLE X FAMILY PLANNING SERVICES

Policy: Title X providers must determine the client's reason for the visit and need for services (see MT TX FP Administrative Manual, Policy 2.14 *Determining Need for Services*). A visit that is related to preventing or achieving pregnancy is a Title X visit.

Title X Family Planning Services:

Title X family planning services are those related to preventing or achieving a pregnancy. Title X family planning services also include those that can influence a person's ability to conceive or to have a healthy birth outcome including:

1. Contraceptive services to prevent or space pregnancies
2. Pregnancy testing and counseling
3. Services to assist in achieving pregnancy
4. Basic infertility services
5. Preconception health services
6. Sexually transmitted infection (STI), including HIV/AIDS, screening and treatment services

All Title X services must be offered on the sliding fee scale. When a client receives a Title X service described above (such as a chlamydia or HIV test), the accompanying office visit must also be considered a Title X service and offered on the sliding fee scale.

Title X Family Planning Client:

A Title X client is one that receives at least one of the family planning services listed above and has a medical record documenting the services. The client's reproductive life plan must be assessed and documented at every visit. The client must be counseled on achieving or preventing pregnancy. A client using sterilization (e.g. vasectomy or tubal ligation) as a contraceptive method may still qualify as a Title X client.

The Mayo Clinic defines a menopausal client as a woman who has not had a menstrual period for 12 consecutive months. Because a Title X visit is related to preventing or achieving pregnancy, menopausal women are not eligible for Title X services, including STI services. Menopausal women are still in need of services and clinics should look for additional funding to provide services to these women in need. This criterion does not apply to men as they do not have a definite end in their reproductive years.

Title X Family Planning Visit:

A Title X family planning visit is a face-to-face contact between an individual and a Title X family planning staff (clinical or non-clinical) that takes place in a Title X service site. The purpose of a family planning visit, whether clinical or non-clinical, is one that is related to preventing or achieving pregnancy.

A written record of the service(s) provided during the Title X family planning visit must be documented in the client record. All Title X data collection and reporting requirements (e.g. income assessment, completion of Client Visit Record (CVR)) must be met for each Title X family planning visit.