

## 2.7 SCOPE OF FAMILY PLANNING SERVICES

**Policy:** Title X sub-recipients must provide a broad range of acceptable and effective family planning methods (including contraceptives, natural family planning or other fertility awareness-based methods) and services (including basic infertility services, information about, or referrals for, adoption, and services for adolescents) (*42 CFR 59.5(a)(1)*). Family planning clinics must define the scope of family planning services offered on an annual basis.

The Recommendations for Quality Family Planning Services (QFP) highlights the special needs of adolescent clients and recommends ways to address those needs (e.g. how to tailor contraceptive counseling for adolescents and ways to make services more youth-friendly). The policy regarding meeting the needs of diverse clients may be found in MT TX FP Administrative Manual, Policy 2.16 *Diverse Populations*.

### **Procedure:**

1. Title X sub-recipients must offer a broad range of contraceptive services to clients who wish to delay or prevent pregnancy. Contraceptive services should include consideration of a full range of U.S. Food and Drug Administration (FDA) approved contraceptive methods.
2. Contraceptive services must include a broad scope of acceptable and effective contraceptive methods, including:
  - a. Progestin-only and Combination Oral Contraceptive Pills
  - b. Emergency Contraception
  - c. Non-hormonal Intrauterine Device
  - d. Hormonal Intrauterine Device
  - e. Hormonal Implant
  - f. Hormonal Injection
  - g. Hormonal ring and/or hormonal patch
  - h. Fertility awareness-based methods and services
  - i. Barrier Methods
3. All services listed in the QFP must be offered to all Title X clients, including adolescents. This includes:
  - a. Contraceptives
  - b. Pregnancy testing and counseling
  - c. Counseling clients who want to become pregnant
  - d. Basic infertility services
  - e. STI services
  - f. Preconception health services
4. Annually, sub-recipients must submit all Title X clinic locations, service areas, office hours, family planning clinic hours, and family planning services provided to FPP for review.
5. FPP program reviews will document:
  - a. That the clinic's formulary of contraceptives demonstrates that a broad range of methods are available on-site or by referral.
  - b. That no contraceptive methods have been out of stock for a period of time greater than one week.
6. A review of the clinic data demonstrates that a reasonable proportion of clients seen (e.g. equal to or greater than the national average across all funded clinics) (see MT TX FP Administrative Manual, Policy 2.2 *Client Eligibility and Priority Populations*) are:
  - a. Adolescents
  - b. Low-Income Women and Men
  - c. Uninsured Women and Men
  - d. American Indians