

Infant/Toddler Care Guidelines

This tool does not include all of the recent rule changes. Please review the updated regulation booklets on the Child Care Licensing website.



	Infant 0 - 18 months	Toddler 19 - 36 months
Placed on back to sleep	Yes	No
Can sleep on mats	Allowed at 12 months with parental consent*	Yes
Must sleep in crib or play pen	Yes*	No
Can sleep in a car seat and/or swing	No	No
Can sleep with pillow and stuffed animals	No	Yes
Light weight blanket can be used while sleeping	Yes	Yes
Head remains uncovered during sleep	Yes	Yes
Infant can be swaddled while sleeping	No	N/A
Cries must be investigated	Yes	Yes
Shall maintain own pattern of sleeping and waking	Yes	Yes
Can hold own bottle	Yes, at 6 months**	Yes**
Can sleep with bottle or sippy cup	No	No
Feeding schedule required	Yes	No
Pediatric Health Statement required	Yes	Yes-until 24 months
Can initiate toilet training	No	Yes
Requires daily individual, personal contact and attention	Yes	Yes
CENTER SPECIFIC:		
Must have play area from children over age 2	Yes	No
Caregivers wear smocks to cover clothing	Yes	No
Caregiver is assigned and routinely responsible for infant	Yes	No

*Use of nap mats starting at 12 months of ages is allowed but provider must meet the guidelines required under ARM 37.95.1005(3).

** Older infants and toddlers shall be provided age-appropriate feeding equipment when being fed. This includes safe high chairs, baby feeding tables, booster seats, and child-size tables and chairs. Use of these types of equipment must be used in accordance with the manufacturer's instructions and must be appropriate for the age of the child using the equipment.