



**SENIOR & LONG TERM CARE DIVISION  
COMMUNITY SERVICES BUREAU**

**HOME AND COMMUNITY BASED WAIVER  
Policy Manual**

**Section: SERVICES**

**Subject: Pain and Symptom Management**

**References: ARM: 37.40.1428**

**DEFINITION**

This service allows for the provision of traditional and non-traditional methods of pain management. There must be an expectation that these services will be beneficial to the member.

**COVERED SERVICES**

Treatments include, but are not limited to:

1. Acupuncture
2. Reflexology
3. Massage Therapy
4. Craniosacral Therapy
5. Hyperbaric Oxygen Therapy
6. Mind-body therapies such as hypnosis and biofeedback
7. Pain Mitigation Counseling/Coaching
8. Chiropractic therapy (Members age 21 or older. Members under the age of 21 receive this service as a State Plan service under EPSDT)
9. Nursing services by a nurse specializing in pain and symptom management

Providers of these services must meet any applicable provider qualifications as required by state law.

**REQUIREMENT**

Any non-traditional treatments require written documentation by a health care professional indicating that the treatment will not harm the member.

**PAYMENT TO LEGALLY RESPONSIBLE INDIVIDUALS**

Payment for this service may be made to legally responsible individuals, if program criteria are met. Refer to HCBS 604-1.