## State & Regional LTC Ombudsmen
### Office on Aging - Senior & Long-Term Care
#### Department of Public Health & Human Services
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**Helena, Montana**
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<table>
<thead>
<tr>
<th>Carmen Sciabica</th>
<th>Carmen Sciabica</th>
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<tbody>
<tr>
<td>Interim State Long Term Care Ombudsman</td>
<td>Ombudsman Program Manager</td>
</tr>
<tr>
<td>PO Box 4210</td>
<td>PO Box 4210</td>
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<tr>
<td>Helena, MT 59604-4210</td>
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<tr>
<td>Phone: (406) 444-3285 or (800) 332-2272</td>
<td>Phone: (406) 444-3285 or (800) 332-2272</td>
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<tr>
<td><a href="mailto:Carmen.Sciabica@mt.gov">Carmen.Sciabica@mt.gov</a></td>
<td><a href="mailto:Carmen.Sciabica@mt.gov">Carmen.Sciabica@mt.gov</a></td>
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### REGIONAL OMBUDSMAN

<table>
<thead>
<tr>
<th>Irina Pulse</th>
<th>Karen Ulrickson</th>
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</thead>
<tbody>
<tr>
<td>Regional Ombudsman</td>
<td>Regional Ombudsman</td>
</tr>
<tr>
<td>PO Box 1309</td>
<td>PO Box 417</td>
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<tr>
<td>Glendive, MT 59330</td>
<td>Fromberg, MT 59029</td>
</tr>
<tr>
<td>(406) 939-2229</td>
<td>(406) 860-9993</td>
</tr>
<tr>
<td><a href="mailto:i.pulse@aemt.org">i.pulse@aemt.org</a></td>
<td><a href="mailto:karen.ulrickson@gmail.com">karen.ulrickson@gmail.com</a></td>
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### COUNTRIES SERVED

<table>
<thead>
<tr>
<th>AREA I AGENCY ON AGING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carter, Custer, Daniels, Dawson, Fallon, Garfield, McCone, Phillips, Powder River, Prairie, Richland, Roosevelt, Rosebud, Sheridan, Treasure, Valley, Wibaux</td>
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<thead>
<tr>
<th>AREA II AGENCY ON AGING</th>
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<tbody>
<tr>
<td>Big Horn, Carbon, Fergus, Golden Valley, Judith Basin, Musselshell, Petroleum, Stillwater, Sweetgrass, Wheatland, Yellowstone</td>
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<thead>
<tr>
<th>AREAS III AGENCY ON AGING and NORTH CENTRAL INDEPENDENT LIVING SERVICES</th>
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<tbody>
<tr>
<td>Blaine, Cascade, Chouteau, Glacier, Hill, Liberty, Pondera, Teton, Toole</td>
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<thead>
<tr>
<th>AREAS IV &amp; V AGENCIES ON AGING</th>
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<tbody>
<tr>
<td>Broadwater, Gallatin, Jefferson, Lewis &amp; Clark, Meagher, Park, Beaverhead, Deer Lodge, Granite, Madison, Powell, Silver Bow</td>
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<thead>
<tr>
<th>AREAS VI, VII, AND IX AGENCIES ON AGING</th>
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<tbody>
<tr>
<td>Lake, Lincoln, Mineral, Sanders, Flathead, Missoula, Ravalli</td>
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</tbody>
</table>
Certified Regional / Local LTC Ombudsman & Ombudsman Interns

AREA I AGENCY ON AGING
PO Box 1309
Glendive, MT 59330
(406) 377-3564 or 1-800-551-3191

Serving Carter, Custer, Daniels, Dawson, Fallon, Garfield, McCon, Phillips, Powder River, Prairie, Richland, Roosevelt, Rosebud, Sheridan, Treasure, Valley, and Wibaux Counties

Irina Pulse
Regional Ombudsman
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Serving Glendive Medical Center, the Eastern MT Veteran’s Home and the Counties of Daniels, Dawson, Garfield, McCon, Prairie, Richland, Roosevelt, Sheridan, Phillips, Valley and Wibaux

Dave Swogger
Local Ombudsman
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Serving Carter, Custer, Fallon, Powder River and Rosebud Counties
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Regional Ombudsman
PO Box 417
Fromberg, MT 59029
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karen.ulrickson@gmail.com

Serving the communities of West Billings and Laurel

Nan Blair
Local Ombudsman
CSCS
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Joliet MT 59041
(406) 426-8194
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Serving Carbon and Stillwater Counties

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Local Ombudsman
Fergus County Council on Aging
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(406) 535-7486
nancy@fccoa.net

Serving Fergus County

Belinda Holloway
Local Ombudsman
Area II Agency on Aging
PO Box 127
Roundup, MT 59072
(406) 320-0078
bellehollo@msn.com

Serving the communities of Billings, Crow Agency, Hardin and Ashland

Linda Bainter
Local Ombudsman
PO Box 1731
Big Timber, MT 59011
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bainlynn_49@hotmail.com

Serving Sweet Grass and Wheatland Counties

Kim Haynes
Local Ombudsman
Fergus County Council on Aging
307 Watson
Lewistown, MT 59457
(406) 535-7486
kim@fccoa.net

Serving Fergus County

Cary McSweyn
Local Ombudsman
Area II Agency on Aging
PO Box 127
Roundup, MT 59072
(406) 320-0074
cmcsweyn@midrivers.com

Serving Musselshell and Yellowstone Counties

Laura Joy Brock
Ombudsman Volunteer
Billings, MT 59102
1-800-551-3191
estskies2@yahoo.com

Serving St. John’s, Billings
### Area III Agency on Aging

**311 S Virginia, Suite 2**  
**Conrad, MT 59425**  
**(406) 271-7553 or 1-800-551-3191**

Serving Glacier, Liberty, Pondera, Teton and Toole Counties

<table>
<thead>
<tr>
<th>Carmen Sciabica</th>
<th>Dawne Stokes</th>
</tr>
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<tbody>
<tr>
<td>Interim Regional Ombudsman</td>
<td>Local Ombudsman</td>
</tr>
<tr>
<td>PO Box 4210</td>
<td>300 N. Virginia, Suite 301</td>
</tr>
<tr>
<td>Helena, MT 59604</td>
<td>Conrad, MT 59425</td>
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<tr>
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<td>(406) 271-4191</td>
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<tr>
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</tr>
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Serving Glacier, Liberty, Pondera, Teton and Toole Counties
<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Email</th>
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</thead>
<tbody>
<tr>
<td>Mary Fleming</td>
<td>Regional Ombudsman</td>
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<td>(406) 782-5555</td>
<td><a href="mailto:mfleming@swmads.org">mfleming@swmads.org</a></td>
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<tr>
<td>Keri Yoder</td>
<td>Local Ombudsman</td>
<td>648 North Jackson Street, Helena, MT 59624-1717</td>
<td>(406) 457-7328 or (406) 461-4117</td>
<td><a href="mailto:kyofer@rmde.net">kyofer@rmde.net</a></td>
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<tr>
<td>Marian Steffes</td>
<td>Ombudsman Intern</td>
<td>300 N Willson Ave, Suite 3005-8, Bozeman, MT 59715</td>
<td>(406) 577-2428 or (406) 475-4532</td>
<td><a href="mailto:msteffes@rmde.net">msteffes@rmde.net</a></td>
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</table>

Serving Broadwater, Gallatin, Jefferson, Lewis & Clark, Meagher and Park Counties

Serving Broadwater, Meagher, Jefferson and Lewis and Clark Counties
AREA V AGENCY ON AGING
2103 Harrison Avenue
PO Box 459
Butte, MT 59703
(406) 782-5555 or 1-800-551-3191
Serving Beaverhead, Deer Lodge, Granite, Madison, Powell, Silver Bow Counties

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mfleming@swmads.org
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jleprowse@swmads.org
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AREA VI AGENCY ON AGING
110 Main Street, Suite #5
Polson, MT  59860
(406) 883-7284 or 1-800-551-3191
Serving Lake, Lincoln, Mineral, and Sanders Counties

Shellye Lee
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Serving Lincoln, Mineral and Sanders Counties

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Serving Missoula County

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Serving Missoula County

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Serving Cascade County

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Serving Flathead County

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Serving Flathead County

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