



## Youth in Transition Check List

**Please check the following items/services/skills the youth has already received or has accomplished:**

- Adult Mental Health Evaluation and Intake (SDMI) Medical Services
- Receiving Social Security Benefits Social Security Redetermination
- Peer-to-Peer Mental Health Information (Youth MOVE) Housing Assistance/Transportation
- Vocational Rehabilitation
- CFSD Transitional Living/Chafee Services (for youth in/aged-out-of Foster Care ages 16-23)
- Life skills
- Goal setting skills
- Casey Life Skills Assessment (caseylifeskills.org) Financial management skills  
Interpersonal skills
- Involvement in recreational/leisure activities Non-professional supporters
- Advocacy and/or legal services Educational and vocational opportunities
- Financial assistance (CHIP, Energy assistance, etc.)
- Transition from Children's Mental Health to Adult Mental Health Workforce  
Investment Act
- Developmentally Disabled Services Healthy Montana Kids
- Any other available resources specific to youth:

**For questions please contact: DPHHS/Children's Mental Health Bureau at 406-444-4545**