

# 2024 Training Opportunities for the Trauma Informed Care Training Courses Presented by Dr. Karyn Harvey

## Trauma Informed Support

May 20, 2024 – <u>Courtyard by Marriott, Missoula, MT</u> – 10:00AM – 4:00PM

Oct. 21, 2024 - DoubleTree Hotel, Helena, MT - 10:00AM - 4:00PM

This workshop will provide a view of trauma from the perspective of the lives of people with intellectual disabilities. It will explore the sources of trauma, the effects of that trauma on both a biological and psychological level and the key ingredients for healing. Healing and case studies will be examined in depth. This is open to all participants on every level. In-person training only.

LIMIT 20 Participants

# Train the Trainer

May 21<sup>st</sup> & 22<sup>nd</sup> 2024 – <u>Courtyard by Marriott, Missoula, MT</u> – 10:00AM – 4:00PM Oct 22<sup>nd</sup> & 23<sup>rd</sup> 2024 – <u>DoubleTree Hotel, Helena, MT</u> – 10:00AM – 4:00PM

This training will go step by step over all the essential content in trauma informed care for people with intellectual disabilities training. Slides and a manual will be provided and along with thorough and involved instruction and direction. Participants must have training experience and have been in the field for over 2 years. The Trauma informed Support Training listed above is a pre-requisite. This is a two-day, in-person only training (hands-on practice included).

LIMIT 20 Participants

### Trauma-Informed Leadership

May 23, 2024 - Courtyard by Marriott, Missoula, MT - 10:00AM - 1:00PM

#### Oct 24, 2024 – DoubleTree Hotel, Helena, MT – 10:00AM – 1:00PM

This training will discuss elements of frontline management needed to support the direct support professional (DSP). It will explore the unique challenges faced by the DSP, the secondary trauma that may occur and the trauma often brought to the job. The support needed along with techniques for reducing the effects of trauma will be explored. It is designed for all levels of management but focused on those directly supervising the direct support professionals. Trauma informed Support is ideal as a prelude but not required. In-person training only.

LIMIT 20 Participants

# Trauma Informed Behavioral Support Training

May 23, 2024 - Courtyard by Marriott, Missoula, MT - 2:00PM - 4:00PM

#### Oct 24, 2024 - DoubleTree Hotel, Helena, MT - 2:00PM - 4:00PM

This training will outline the key elements to include in a behavior support plan that will address factors relevant to the person' trauma experience such as trauma history, triggers, trauma responses and critical psychological safety needs. This training will outline the rationale behind these approaches and provide examples. Trauma Informed Support training is a pre-requisite. It is designed for those writing and/or training in behavioral support plans. In-person training only.

LIMIT 20 Participants

# **<u>Register Here: Trauma Informed</u>** <u>Training Courses 2024</u>

Dr. Karyn Harvey has worked as a clinician in the field of intellectual and developmental disabilities (ID/DD) for over 30 years. She has a master's degree in Clinical Psychology and a Ph.D. in Applied Developmental Psychology from the University of Maryland. Over her years of academic and professional development including valuable experience in direct support of individuals with ID/DD, she has come to recognize that psychologically supporting people with ID/DD must recognize the role that trauma plays in their behavioral issues and address the critical elements needed for their recovery from trauma (including safety, empowerment and connection).

