

	Behavioral Health and Developmental Disabilities (BDHH) Division
	Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health Date effective: October 1, 2022
Policy Number: 435	Subject: Day Treatment (Day TX)

Definition

Day TX services are a set of mental health services for members whose mental health needs are severe enough that they display significant functional impairment. This service is a community-based alternative to more restrictive levels of care. Services are directed by a program supervisor and/or program licensed clinical mental health professional who is knowledgeable about the service and support needs of members with a mental illness, Day TX programming, and psychosocial rehabilitation. Day TX provides services at a ratio of no more than one to ten members. Services are focused on improving skills related to exhibiting appropriate behavior, independent living, crisis intervention, job skills, and socialization so the member can live and function more independently in the community.

Medical Necessity Criteria

The member must meet the Severe and Disabling Mental Illness (SDMI) criteria as described in this manual and all the following:

- (1) The prognosis for treatment of the member at a less restrictive level of care is poor because the member demonstrates three or more of the following due to the SDMI:
 - (a) significantly impaired interpersonal or social functioning;
 - (b) significantly impaired occupational functioning;
 - (c) impairment of judgment;
 - (d) poor impulse control; or
 - (e) lack of family or other community or social networks.
- (2) Resulting from the SDMI, the member exhibits an inability to perform daily living activities in an appropriate manner.

- (3) The member must have the capacity to engage in the structured settings of a rehabilitative and psychotherapeutic setting to engage in the skills activities of a Day TX program.

Provider Requirements

Day TX must be provided by a licensed MHC.

Service Requirements

- (1) Services may be provided no less than two and up to three hours per day for Day TX services.
- (2) Services must be based on a current comprehensive assessment as described in this manual and included as an intervention in the member's individualized ITP, which must:
 - (a) be reviewed and updated every 90 days; and
 - (b) document the interventions provided and the member's response.
- (3) The following are not allowed as Day TX services:
 - (a) primarily recreation-oriented activities or activities provided in a setting that is not supervised;
 - (b) a social or educational service that does not have or cannot reasonably be expected to have an outcome related to the member's SDMI;
 - (c) prevention or educational programs provided in the community; and
 - (d) any times where the member leaves the program and is not participating in the program.
- (4) Day TX must be billed as a bundled service and includes the following:
 - (a) CBPRS; and
 - (b) group therapy.
- (5) It is not required that each member receiving Day TX receive every service listed above. Medically necessary services that are billed must be documented clearly in the member's individualized treatment plan in the member's file.
- (6) Day Treatment is limited to 3 hours per day unless granted an exception by the department.

Utilization Management

- (1) Prior authorization is not required.
- (2) Continued stay review not required.
- (3) The provider must document in the file of the member that the member meets the medical necessity criteria.