

	Addictive and Mental Disorders Division Severe and Disabling Mental Illness, Home and Community Based Services Waiver Manual
	Date effective: July 1, 2020 Date revised:
Policy Number: <i>SDMI HCBS 355</i>	Subject: Pain and Symptom Management

Definition

Pain and Symptom Management is defined as a service that allows for the provision of traditional and non-traditional methods of pain management.

Medical Necessity Criteria

- (1) Pain and Symptom Management must be:
 - (a) prescribed by a licensed healthcare professional;
 - (b) necessary to avoid institutionalization; and
 - (c) address functional impairments or other member needs that, if left unaddressed, would prevent member from engaging in everyday community activities.

Provider Requirements

- (1) The provider is required to have an active license or certificate in their specialty and scope of practice as required by state law, administrative rules, and appropriate licensing requirements.
- (2) The provider must be enrolled as a Medicaid provider and have a provider agreement according to ARM 37.85.402.
- (3) Providers may be:
 - (a) hospitals;
 - (b) psychologists;
 - (c) licensed clinical social worker;
 - (d) licensed clinical professional counselors;
 - (e) hypnotists;
 - (f) massage therapists;

- (g) chiropractors;
- (h) acupuncturists; or
- (i) specialized advanced practice registered nurse.

Service Requirements

- (1) Pain and Symptom Management is limited to:
 - (a) acupuncture;
 - (b) reflexology;
 - (c) massage therapy;
 - (d) craniosacral therapy;
 - (e) mind-body therapies such as hypnosis and biofeedback;
 - (f) pain mitigation counseling/coaching;
 - (g) chiropractic therapy; and
 - (h) nursing services by a nurse specializing in pain and symptom management.
- (2) The case management team must:
 - (a) document in the member's Person-Centered Recovery Plan (PCRP) the member's symptoms, complaints, or complications indicating the need for the service;
 - (b) document the members goals, activities, and expected outcomes of the service;
 - (c) monitor, review, and update, as necessary, the PCRP on a quarterly basis;
 - (d) upload the prescription by the appropriately licensed professional in the case management system.
- (3) The provider must complete a progress note for each member receiving Pain and Symptom Management services as required in ARM 37.85.414.

Utilization

- (1) Pain and Symptom Management is based on the member's assessed need and are limited to additional services not otherwise covered under Medicaid state plan.