

Behavioral Health and Disabilities Division Children's Mental Health Bureau

Targeted Case Management (TCM) Vital Factors
State Report

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DEPARTMENT OF
**PUBLIC HEALTH &
HUMAN SERVICES**

Table of Contents

TARGETED CASE MANAGEMENT VITAL FACTORS: BACKGROUND AND DESCRIPTION3

PROJECT PROCESS.....3

HIGH-LEVEL FINDINGS3

TARGETED CASE MANAGEMENT VITAL FACTORS: BACKGROUND AND DESCRIPTION

Children generally fare better when they live at home, graduate from high school, and avoid involvement with the juvenile justice system. These factors strongly indicate a smoother transition into adulthood, characterized by healthy relationships, work and educational opportunities, and reduced risk of substance use, suicide, or other harmful behaviors.

The 2019 Legislature passed HB 589 and later amended it in HB 583, creating the Targeted Case Management (TCM) Vital Factors survey. The data collection and reporting processes for this survey are the combined effort of TCM providers and the Children's Mental Health Bureau (CMHB). The purpose of these Vital Factors outcomes is to monitor the status of youth receiving TCM services for mental health reasons to help monitor whether youth receiving TCM services remain at home, stay in school, and avoid trouble while receiving services.

PROJECT PROCESS

The TCM Vital Factors Report is a bi-annual evaluation project occurring during the sample months of March and September. For the March 2025 administration of the TCM vital factors survey, CMHB received data from 14 TCM providers on 1,466 youth receiving TCM services statewide. This report focuses on monitoring rather than analysis. Any assumptions about the effectiveness of TCM or other mental health services drawn from these data are inconclusive. However, the process and report do represent continuing steps in monitoring whether youth with mental health challenges remain in the home, in school, and out of trouble while receiving mental health services.

HIGH-LEVEL FINDINGS

Out-of-Home Mental Health Treatment

- 81% of TCM youth did not receive out-of-home mental health treatment.
- 6% of TCM youth received in-state therapeutic group home (TGH) treatment.
- 5% of TCM youth received in-state acute hospitalization treatment.
- 6% of TCM youth received in-state Psychiatric Residential Treatment Facility (PRTF) treatment.

- 2% of TCM youth received any out-of-state acute hospitalization, TGH, or PRTF treatment.

Out-of-Home Foster Care, Kinship Care, or Correctional Setting

- 10% of TCM youth were reported to be in foster care.
- 11% of TCM youth were reported to be in kinship care.
- 0.3% of TCM youth were reported to be in a correctional setting.

School Enrollment, Attendance, and Advancement (K-12 Grade)

- 91% of TCM youth were reported to be enrolled and attending K-12 school, 2% were not enrolled, 2% were enrolled but not attending, and 3% were not of K-12 school age.
- 89% of TCM youth were reported to have advanced to the next grade level, 5% did not advance because they were not of school age, and 8% did not advance due to other reasons.

Substance Abuse Treatment/Youth Court Involvement/Suicide Risk

- 94% of TCM youth were reported to have had a substance abuse screening, and 9% had not.
- 4% of TCM youth were reported to be receiving substance abuse treatment.
- 7% of TCM youth were reported to have youth court involvement, and 91% had not.
- 7% of TCM youth were reported to be in care or treatment for suicide risk to themselves.