

**SECTION  
SERVICES**

**SUBJECT  
Respite Care**

*REFERENCES: ARM: 37.90.438*

**DEFINITION**

Respite care is temporary, short term care provided to individuals in need of supportive care to relieve those persons who normally provide the care. Respite care is only utilized to relieve a non-paid caregiver.

**SERVICE REQUIREMENTS**

Respite care must meet the following requirements:

1. Be provided only on a temporary or a short term basis such as part of a day, week, month, and weekends and vacation periods.
2. Be provided in the individual's residence or by placing the consumer in another private residence, adult residential setting or other community setting, hospital, residential hospice, group home, therapeutic camp or nursing facility.
3. Respite care providers must be determined by the case management team to be:
  - Physically and mentally qualified to provide respite care, and
  - Aware of emergency assistance systems.
4. Persons who provide respite care may also be required by the case management team to have knowledge of the individual's physical and mental conditions, knowledge of common medications and related conditions of the recipient, and be capable of administering basic first aid.

