

	<b>Addictive and Mental Disorders Division</b> Non-Medicaid Services Provider Manual for Substance Use Disorder and Adult Mental Health
	<b>Date effective:</b> July 1, 2020  <b>Date revised:</b> July 1, 2020
<b>Policy Number:</b> 210NM	<b>Subject:</b> SUD Laboratory Testing

### Definition

SUD Psychosocial Rehabilitation is a face-to face service provided one-on-one that includes skill building and skills integration designed to serve individuals with significant impairment due to their SUD and/or co-occurring MH disorder by assisting individuals with improving skills related to exhibiting appropriate behavior and living with greater independence and personal choice. These services maximize the skills needed to function in the home, workplace, and community setting. They allow individuals to develop, practice, and strengthen those skills used in their living, learning, social, and work environments. The purpose is to help individuals return to natural settings and activities that are part of a socially integrated life. Services are provided by a rehabilitation aide in ASAM 3.1 facilities.

### Medical Necessity Criteria

Individual must meet the SUD criteria as described in this manual and meet the ASAM criteria for diagnostic and dimensional admission criteria for ASAM 3.1 level of care.

### Provider Requirements

- (1) SUD Psychosocial Rehabilitation must be provided by a state approved program licensed to provide ASAM 3.1 level of care; and under contract with the Department.
- (2) The provider must develop policies and procedures for initial and on-going staff training for Psychosocial Rehabilitation services.

### Service Requirements

- (1) Psychosocial Rehabilitation must:
  - (a) be direct services provided in an individual setting;
  - (b) utilize an evidence-based or promising practice; and

- (c) be provided in the appropriate setting to the targeted learning event;
- (2) Psychosocial Rehabilitation may include family members as clinically indicated and documented in the treatment plan.
- (3) Psychosocial Rehabilitation must address at least one of the following:
  - (a) social skills;
  - (b) problem solving skills;
  - (c) coping skills;
  - (d) parenting skills;
  - (e) independent living skills;
  - (f) pre-vocational skills;
  - (g) family relationships; and
  - (h) self-management of symptoms.
- (4) Psychosocial Rehabilitation is not a bundled service and must be billed using the appropriate HCPCS code.
- (5) Transportation is not an allowable direct service;
- (6) The treatment plan must include the following:
  - (a) identified rehabilitative activities; and
  - (b) the frequency of services as determined by the needs and desires of the individual.
- (7) The Rehabilitation Aide must:
  - (a) be supervised by a Licensed Addictions Counselor or Clinical Supervisor with extensive experience with individuals with a SUD;
  - (b) are provided by staff whose only function is to provide this service by program; and
  - (c) Supervisors must meet with Rehabilitation Aides on a regular basis as determined appropriate.
- (8) Progress notes must follow requirements outlined in ARM 37.27.120.

### **Utilization Management**

- (1) Prior authorization is not required.
- (2) Continued stay reviews are not required.
- (3) SUD Psychosocial Rehabilitation is limited to 12 units per day.