

# DDP 0208 DD Comprehensive Waiver Service Definitions

**Effective 7/1/13**

## **18. Personal Supports**

The personal supports worker assists the individual in carrying out daily living tasks and other activities essential for living in the community. Services may include assistance with homemaking, personal care, general supervision and community integration. Personal Supports may also provide the necessary assistance and supports to maintain employment in a competitive, customized, or self-employment setting and/or day service needs of the person in integrated, community settings. Personal supports activities are generally defined in the plan of care and are flexible in meeting the changing needs of the person. Workers may be assigned activities that involve mentorship, and activities designed to develop or maintain skills. Personal supports workers may be required to provide non-medical transportation to a person for activities as outlined in the plan of care, including community integration activities, work or school and other community activities. A person receiving personal supports is self-directing this service with employer authority (either common law or agency with choice). Other waiver services that may overlap with the activities of the personal supports worker are prohibited.

### **REIMBURSABLE ACTIVITIES:**

1. Providing supervision and monitoring for the purpose of ensuring the individual's health and safety.
2. Assisting the individual with hygiene, bathing, eating, dressing, grooming, toileting, transferring, or basic first aid.
3. Assisting the individual to access the community. This may include someone hired to accompany and support the individual in all types of community settings. Personal supports is available to a person only when the planning team has approved a back-up plan, serving to ensure the health and safety of the person in the event of a service disruption.
4. Assisting the individual to develop self-advocacy skills, exercise rights as a citizen, and acquire skills needed to exercise control and responsibility over other support services, including managing generic community resources and informal supports.
5. Assisting the individual in identifying and sustaining a personal support network of family, friends, and associates.
6. Assisting the individual with household activities necessary to maintain a homeliving environment on a day- to-day basis, such as meal preparation, shopping, cleaning, and laundry.
7. Assisting the individual with home maintenance activities needed to maintain the home in a clean, sanitary, and safe environment.
8. Assisting the individual to maintain employment. This may include someone to accompany and support the individual in a competitive, customized, or self-employment setting. The employment supports are delivered informally.

9. Assisting the individual to access services and opportunities available in community settings. This may include accompanying the individual to and facilitating participation in general community activities and community volunteer work.

A person receiving Personal Supports may also receive Respite.

**Specify applicable (if any) limits on the amount, frequency, or duration of this service:**

A person receiving personal supports is self-directing this service with employer authority (either common law or agency with choice). Other waiver services that may overlap with the activities of the personal supports worker are prohibited. These include live in care giver services, adult companion, extended personal care services and homemaker.

This service will not overlap with, supplant, or duplicate other services provided through the waiver or Medicaid State plan services.

While a person may receive both Respite and Personal Supports they can't be billed for during the same timeframe.

The waiver will not cover activities which are otherwise available under section 110 of the Rehabilitation Act of 1973, the IDEA (20 U.S.C. 1401 et seq.), or EPSDT.