



Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must always have the following items in stock in specified quantities to meet WIC requirements.

Peer Groups 1 & 2 (Small & Medium-sized stores)	
Food Item	Minimum Requirements
Milk: <i>Low-Fat (1%)/Non-Fat (skim)Milk AND whole milk</i>	
Low-fat (1%) or Non-Fat (skim)	3 gallons total of any low-fat/non-fat type
	3 half gallons total of any low-fat/non-fat type
Whole milk	3 gallons
	3 half gallons
Cheese: <i>16-ounce packages OR 8-ounce packages</i>	
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties
Eggs	
Dozen only	3 dozen
Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i>	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
Whole Grains: <i>Bread AND Rice</i>	
16-ounce loaves whole wheat and/or whole grain bread	3 loaves of bread
15-16-ounce packages brown rice and/or 14-16 ounce instant rice	3 packages of regular or quick/minute brown rice
Juice: <i>frozen AND bottled juice</i>	
11.5-12 ounces frozen	3 frozen cans of 2 different flavors
64-ounce bottles	3 bottles of 2 different flavors
Peanut Butter	
16-18-ounce jars	3 jars
Legumes (mature beans): <i>Bags of dried beans AND canned beans</i>	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
Canned Fish: <i>Light Tuna OR pink salmon</i>	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon
Fresh Fruits and Vegetables	
Fruits	Two varieties
Vegetables	Two varieties



Minimum WIC Food Stocking Requirements

Infant Cereal: <i>Two varieties</i>	
8-ounce box	2 boxes, any variety
Infant Foods: <i>Stage 2 fruits and vegetables and meats</i>	
Fruit: 4-ounce jars of stage 2	10 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	10 jars, including 2 flavors
Meat: 2.5-ounce jars	5 jars
Infant Formula: <i>Powdered formula in specific sizes</i>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	4 cans

Peer Groups 3 & 4 (Large stores & Supercenters)	
Food Item	Minimum Requirements
Milk: <i>Low-Fat (1%)/Non-Fat (skim) Milk AND whole milk</i>	
Low-Fat (1%) or Non-Fat (skim)	3 gallons total of any type
	3 half gallons total of any type
Whole milk	3 gallons
	3 half gallons
Cheese: <i>16-ounce packages OR 8-ounce packages</i>	
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties
Eggs	
Dozen only	3 dozen
Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i>	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
Whole Grains: <i>Bread AND Rice</i>	
16-ounce loaves whole wheat	3 loaves of bread
15-16-ounce packages brown rice and/or 14-16-ounce instant rice	3 packages of regular or quick/minute brown rice
Juice: <i>frozen AND bottled juice</i>	
11.5-12 ounces frozen	3 frozen cans of 2 different flavors



Minimum WIC Food Stocking Requirements

64-ounce bottles	3 bottles of 2 different flavors
Peanut Butter	
16-18-ounce jars	3 jars
Legumes (mature beans): <i>Bags of dried beans AND canned beans</i>	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
Canned Fish: <i>Light tuna OR pink salmon</i>	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon
Fresh Fruits and Vegetables	
Fruits	Two varieties
Vegetables	Two varieties
Infant Cereal: <i>Two varieties</i>	
8-ounce box	2 boxes of 2 different varieties
Infant Foods: <i>Stage 2 fruits and vegetables and meats</i>	
Fruit: 4-ounce jars of stage 2	20 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	20 jars, including 2 flavors
Meat: 2.5-ounce jars	10 jars
Infant Formula: <i>Powdered formula in specific sizes</i>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	6 cans