

MONTANA WIC PROGRAM

Minimum WIC Food Stocking Requirements Peer Groups 3 & 4 (Large stores & Supercenters)

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must have the following items in stock at all times in specified quantities to meet WIC requirements.

Food Item	Minimum Requirements
Milk: <i>Reduced Fat Milk AND whole milk</i>	
Reduced fat (skim or 1%)	3 gallons
	3 half gallons
Whole milk	3 gallons
	3 half gallons
Cheese: <i>16 ounce packages OR 8 ounce packages</i>	
16 ounce packages	3 packages (16 ounces) of 2 flavor varieties
8 ounce packages	6 packages (8 ounces) of 2 flavor varieties
Eggs	
Dozen only	3 dozen
Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i>	
12 ounce or larger packages	2 boxes of three varieties
11-12 ounce hot cereal	2 boxes of one variety
Whole Grains: <i>Bread AND Rice</i>	
16 ounce loaves whole wheat	3 loaves of bread
15-16 ounce packages brown rice and/or 14-16 ounce instant rice	3 packages of regular or quick/minute brown rice
Juice: <i>frozen AND bottled juice</i>	
11.5-12 ounces frozen	3 frozen cans of 2 different flavors
64 ounce bottles	3 bottles of 2 different flavors
Peanut Butter	
16-18 ounce jars	3 jars
Legumes (mature beans): <i>Bags of dried beans AND canned beans</i>	
16 ounce bags of dried beans	3 packages of 2 different varieties
15-16 ounce canned legumes/beans	10 cans of two varieties

Canned Fish: <i>Light Tuna OR pink salmon</i>	
5-6 ounce cans	6 cans of light tuna
5-6 ounce cans	6 cans of pink salmon
Fresh Fruits and Vegetables	
Fruits	Two varieties
Vegetables	Two varieties
Infant Cereal: <i>Two varieties</i>	
8 ounce box	2 boxes of 2 different varieties
Infant Foods: <i>Stage 2 fruits and vegetables and meats</i>	
Fruit: 4 ounce jars of stage 2	20 jars, including 2 flavors
Vegetables: 4 ounce jars of stage 2	20 jars, including 2 flavors
Meat: 2.5 ounce jars	10 jars
Infant Formula: <i>Powdered formula in specific sizes</i>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	6 cans