



Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must always have the following items in stock in the quantities specified below.

Peer Groups 3 & 4 (Large stores & Supercenters)	
Food Item	Minimum Requirements
Milk:	
Low-Fat (1%) or Non-Fat (skim)	3 gallons total of any type
	3 half gallons total of any type
Whole milk	3 gallons
	3 half gallons
Cheese: 16-ounce packages OR 8-ounce packages	
16-ounce packages	3 packages (16 ounces) of 2 flavor varieties
8-ounce packages	6 packages (8 ounces) of 2 flavor varieties
Eggs	
Dozen only	3 dozen
Breakfast Cereal: One of the cold or hot cereals must be WHOLE GRAIN	
12-ounce or larger packages	6 boxes total (2 each of three varieties)
11-12-ounce hot cereal	2 boxes of one variety
Whole Grains: Bread AND Rice	
Whole wheat and/or whole grain bread	3 loaves total of any authorized size bread
15-16-ounce packages brown rice and/or 14-16-ounce instant rice	3 packages of regular or quick/minute brown rice
Bottled Juice	
64-ounce bottles	3 bottles of 2 different flavors
Peanut Butter	
16-18-ounce jars	3 jars
Legumes (mature beans): Bags of dried beans AND canned beans	
16-ounce bags of dried beans	3 packages of 2 different varieties
15-16-ounce canned legumes/beans	10 cans total including two varieties
Canned Fish: Light tuna OR pink salmon	
5-6-ounce cans	6 cans of light tuna
5-6-ounce cans	6 cans of pink salmon



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Fresh Fruits and Vegetables	
Fruits	Two varieties
Vegetables	Three varieties
Infant Cereal: <i>Two varieties</i>	
8-ounce box	2 boxes of 2 different varieties
Infant Foods: <i>Stage 2 fruits and vegetables and meats</i>	
Fruit: 4-ounce jars of stage 2	20 jars, including 2 flavors
Vegetables: 4-ounce jars of stage 2	20 jars, including 2 flavors
Meat: 2.5-ounce jars	10 jars
Infant Formula: <i>Powdered formula in specific sizes</i>	
Similac Advance: 12.4 ounce	6 cans
Similac Soy Isomil: 12.4 ounce	6 cans