



Minimum WIC Food Stocking Requirements

Refer to the Approved Food List for authorized brands/types. Montana authorized retailers must always have the following items in stock in the quantities specified below.

| Peer Groups 1 & 2 (Small & Medium-sized stores) | |
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| Food Item | Minimum Requirements |
| Milk: | |
| Low-fat (1%) or Non-Fat (skim) | 3 gallons total of any low-fat/non-fat type |
| | 3 half gallons total of any low-fat/non-fat type |
| Whole milk | 3 gallons |
| | 3 half gallons |
| Cheese: 16-ounce packages OR 8-ounce packages | |
| 16-ounce packages | 3 packages (16 ounces) of 2 varieties |
| 8-ounce packages | 6 packages (8 ounces) of 2 varieties |
| Eggs | |
| Dozen only | 3 dozen |
| Breakfast Cereal: <i>One of the cold or hot cereals must be WHOLE GRAIN</i> | |
| 12-ounce or larger packages | 6 boxes total (2 each of three varieties) |
| 11-12-ounce hot cereal | 2 boxes of one variety |
| Whole Grains: <i>Bread AND Rice</i> | |
| Whole wheat and/or whole grain bread | 3 loaves total of any authorized size bread |
| 15-16 ounce packages brown rice and/or 14-16 ounce instant rice | 3 packages of brown rice |
| Bottled Juice | |
| 64-ounce bottles | 3 bottles of 2 different flavors |
| Peanut Butter | |
| 16-18-ounce jars | 3 jars |
| Legumes (mature beans): <i>Bags of dried beans AND canned beans</i> | |
| 16-ounce bags of dried beans | 3 packages of 2 different varieties |
| 15-16-ounce canned legumes/beans | 10 cans total including two varieties |
| Canned Fish: <i>Light Tuna OR pink salmon</i> | |
| 5-6-ounce cans | 6 cans of light tuna |
| 5-6-ounce cans | 6 cans of pink salmon |
| Fresh Fruits and Vegetables | |
| Fruits | Two varieties |
| Vegetables | Three varieties |



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| Infant Cereal: <i>Two varieties</i> | |
| 8-ounce box | 2 boxes, any variety |
| Infant Foods: <i>Stage 2 fruits and vegetables and meats</i> | |
| Fruit: 4-ounce jars of stage 2 | 10 jars, including 2 flavors |
| Vegetables: 4-ounce jars of stage 2 | 10 jars, including 2 flavors |
| Meat: 2.5-ounce jars | 5 jars |
| Infant Formula: <i>Powdered formula in specific sizes</i> | |
| Similac Advance: 12.4 ounce | 6 cans |
| Similac Soy Isomil: 12.4 ounce | 4 cans |