



## DEPARTMENT OF PUBLIC HEALTH & HUMAN SERVICES

### Section 1115 Plan First Demonstration Waiver Post Award Forum June 11, 2025

#### **Waiver Summary:**

Plan First is a Section 1115 Waiver approved by Centers for Medicare and Medicaid (CMS) with an enrollment cap of 4,000 women at any one time. This program is administered by the Department of Public Health and Human Services. Plan First provides family planning and related services for women who do not qualify for Medicaid. The current waiver was recently granted a renewal and will be effective thru December 31, 2028.

#### **Plan First Populations Covered:**

1. Montana Women ages 19 through 44,
2. Women who are not eligible for other Medicaid benefits,
3. Women who can become pregnant but are not currently pregnant, and
4. Women earning a household income up to 211% of the Federal Poverty Level (FPL).

#### **Plan First Covered Services:**

Family Planning services and supplies are limited to services and supplies with the primary purpose of family planning and are provided in a family planning or other medical setting.

Examples of covered family planning services include:

- Food and Drug Administration (FDA) approved methods of contraception,
- Sexually transmitted infection (STI) and sexually transmitted disease (STD) testing, Pap tests and pelvic exams,
- Drugs, supplies, or devices related to women health services, and
- Contraceptive management, patient education, and counseling.

Family planning related services and supplies are services provided as part of, or as follow up to, a family planning visit. Such services are provided because a family planning related problem was identified and/or diagnosed during a routine or periodic family planning visit.

Examples of family planning related services include:

- Colposcopy,
- Diagnosis, and treatment (drugs) of STI/STDs,
- Drugs and treatment for lower genital tract infections and disorders that were identified during a routine family planning visit,



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- Other medical treatment and preventative services routinely provided during family planning visits, and
- Treatment of major complications related to a family planning procedure.

### Goals of Plan First:

Plan First was implemented to ensure access to and utilization of family planning or related services for eligible individuals not otherwise eligible for Medicaid. Plan First aims to improve or maintain healthy outcomes for the target population as a result of these services including fewer unintended pregnancies or births and improved health outcomes and women's health by increasing the child spacing interval.

### Enrollment:

- 493 different providers provided Plan First services to Plan First members in State Fiscal Year 2024.
- 4,084 women received Plan First benefits in State Fiscal Year 2024 with a total expenditure of \$270,562.

### Plan First Updates:

- Member enrollment has increased from SFY 2023 to SFY 2024 by 1,785 members.
- Member enrollment increases led to an increase in total expenditures of \$118,162.
- The unwinding of the 12-month continuous coverage that began in April 2023 had some impact on the enrollee member numbers as the enrollee members increased.
- Guidance from CMS that identified STI/STD testing services as a family planning service and STI/STD diagnosis as a family planning related service.

### Information:

#### Other questions or comments about Plan First:

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#### Apply at:

<https://apply.mt.gov/>

#### Office of Public Assistance:

<https://dphhs.mt.gov/HCSO/OfficeofPublicAssistance>

### DPHHS:

<https://dphhs.mt.gov/>

### Conduent:

<http://medicaidprovider.mt.gov>

Member Services: 1-800-362-8312

Provider Relations: 1-800-624-3958

### Plan First Webpage:

<https://dphhs.mt.gov/MontanaHealthcarePrograms/planfirst/index>