Cognitive Decline & Chronic Conditions in Montana

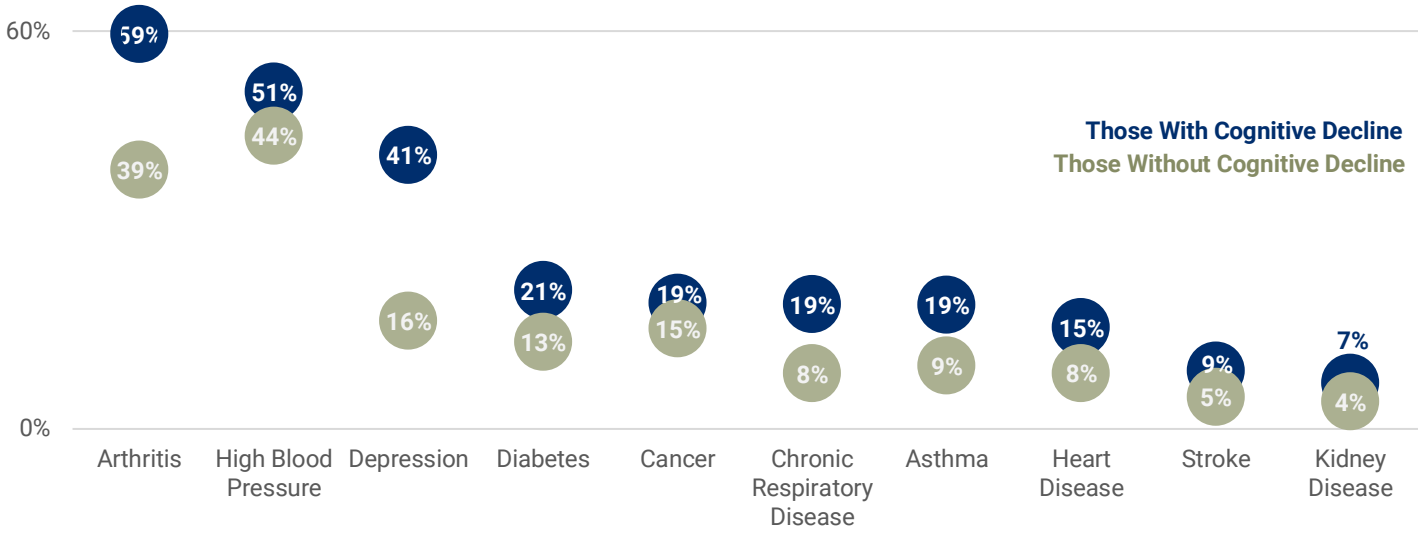
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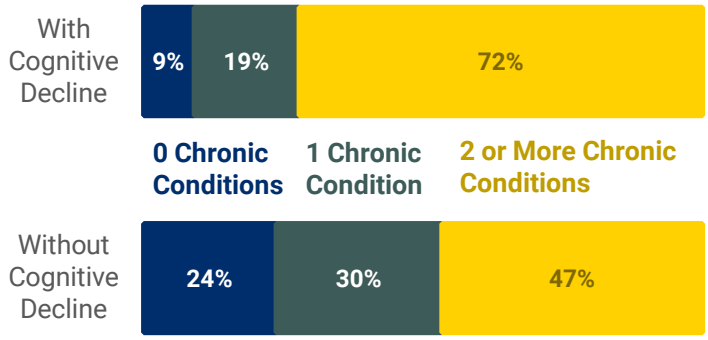
One in five Montanans (20%) aged 45 and older reports experiencing **cognitive decline** – increased or worsening difficulty with thinking or memory.

Chronic conditions are common among those who report cognitive decline.

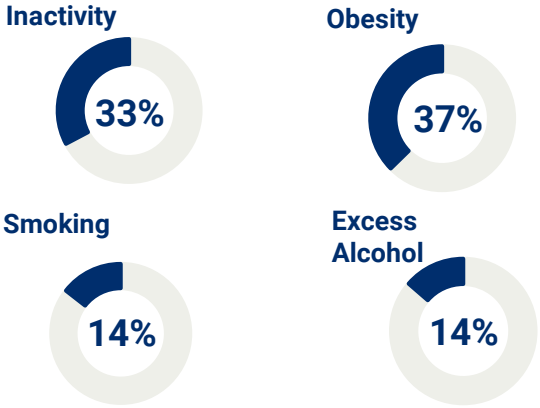
The prevalence of 10 common chronic conditions was higher among those with cognitive decline than among those without cognitive decline.



Those with cognitive decline are more likely to have multiple chronic conditions than those without cognitive decline.



Those with cognitive decline also report risk factors for other chronic conditions.



Data are from the 2023 Montana Behavioral Risk Factor Surveillance System (BRFSS). Questions about cognitive decline were only asked of survey participants 45 years and older. For information about BRFSS – please see the following websites: https://www.cdc.gov/brfss/index.html, https://dphhs.mt.gov/publichealth/brfss/.

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