

How to Wash Your Hands

You are all set!

Looking for some 20 second songs to sing while you scrub?

1. Row, Row, Row Your Boat 2x
2. Twinkle, Twinkle Little Star 2x
3. If You're Happy and You Know It 2x
4. Happy Birthday 2x
5. Encanto's The Family Madrigal Chorus 2x
6. Frozen's Let It Go Chorus 1x

1

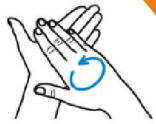


or



Pick either hand sanitizer or soap and water. If using soap and water, get your hands wet and add soap.

2



Scrub the inside of your hands

3



Scrub the tops of your hands with your hands on top of each other

4



Scrub between your fingers with your hands together

5



Scrub the tops of your fingers

6



Scrub your thumbs

7



Scrub your fingertips

9



Dry your hands

8



Rinse your hands

Soap

Hand sanitizer



You are all set!