

# COVID-19 Prevention Strategies for K-12 and Child Care Settings

August 2022



## Wash Your Hands

1

Wet Your Hands with Clean Water



2

Get Soap



3

Scrub for 20 Seconds

\*hint: hum the "Happy Birthday" song from beginning to end two times



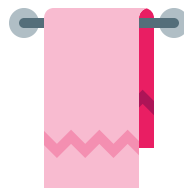
4

Rinse Your Hands with Clean Water



5

Dry Your Hands



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## Cover Your Coughs and Sneezes



Cover your mouth and nose with a tissue when you cough or sneeze. You can also cough or sneeze into your elbow, not your hands!



You may be asked to wear a mask to help protect others.

## Make Sure to Clean Your Hands After Coughing or Sneezing!

