

Mpox*:

Determining Close Contacts

Date Updated: 11/29/2022

This chart can help determine whether acquaintances of a mpox case are close contacts, and their risk of having been infected with mpox based on exposure(s) to the case. Check the exposures below that each contact may have experienced during the exposure window (time a case was infectious: day of symptom onset to when case began isolation).

Case Name: _____ MIDIS ID: _____

Symptom Onset: _____ Exposure Window: _____

Name	Date of Last Exposure	Type of Contact (household, sexual, work, ect.)	High Risk  Low Risk							Entered case's living space.
			Sexual exposure (vaginal, oral or anal).	Damaged skin/mucous membranes touched lesions or bodily fluids (e.g., kissing).	Damaged skin/mucous membranes touched materials that have been used by the case.	Was within 6ft of unmasked case for 3 or more hours.	Intact skin touched lesions or bodily fluids.	Intact skin touched materials that have been used by the case.	Clothing touched lesions or bodily fluids, or soiled linens or dressings.	

*Mpox, formally known as monkeypox.
 *For 21 day symptom monitoring, Day 0 is the last day of exposure to the case.
 *During monitoring, individuals exposed to mpox virus can continue their routine activities to (e.g. work or school) as long as they do not have signs or symptoms consistent with mpox.
 *Mpox signs and symptoms: <https://www.cdc.gov/poxvirus/monkeypox/symptoms.html>
 *Full guidance is available for the CDC Risk Assessment for Community Exposures: https://www.cdc.gov/poxvirus/monkeypox/clinicians/monitoring.html#anchor_1660156583078

HIGH Risk	INTERMEDIATE Risk	LOW Risk
<u>Recommendations:</u> 21 day symptom monitoring. & PEP	<u>Recommendations:</u> 21 day symptom monitoring. & PEP: informed clinical decision on individual basis.	<u>Recommendations:</u> 21 day symptom monitoring.