

Hantavirus in Montana: What You Need to Know

- <u>Deer mice</u> are the primary source responsible for transmitting hantavirus to humans in Montana.
- People become infected when they <u>breathe in the</u> <u>virus</u> after disturbing contaminated materials.
 - This can occur when:
 - people <u>vacuum</u> or <u>sweep</u> out garages or sheds contaminated with the virus
 - when an abandoned or undisturbed space, such as an attic or fire tower, is opened for the first time in a long time
 - when people hike or camp in areas infested with rodents
- Hantavirus infection can progress to a serious, and sometimes fatal, condition called Hantavirus Pulmonary Syndrome (HPS).

• Signs and Symptoms:

- Hantavirus Infection
 - Fever
 - Chills
 - Body Aches
 - Headaches
 - Nausea, vomiting, and/or diarrhea
- HPS (symptoms listed above as well as the following)
 - Coughing
 - Shortness of breath (similar to breathing through a pillow)

If you suspect that you have contracted hantavirus, consult with a healthcare provider immediately.