

## Directly Observed Therapy Agreement Active Tuberculosis (TB) Disease

To: \_\_\_\_\_  
Patient name

D.O.B.: \_\_\_\_\_

Treatment of active TB with prescribed medications will in most cases cure TB. TB medications normally must be taken for 6 months, and sometimes longer. The standard of care for administering TB medications is called Directly Observed Therapy (DOT) and is done through your local health department, IHS or tribal health department.

DOT requires that you:

Take your TB medicine while being observed by the Public Health Nurse or other designated staff as indicated below (days, time, and location):

LOCATION: \_\_\_\_\_

DAYS: **Monday Tuesday Wednesday Thursday Friday** (circle 2 days if bi-weekly)

TIME: \_\_\_\_\_ a.m. / p.m.

If you do not follow these directions for treatment with DOT, your TB disease could worsen and you could spread the disease to others. If you do not continue DOT treatment, it may be necessary to pursue legal action against you, which if convicted, may result in court ordered detainment for your treatment.

\_\_\_\_\_  
PHN or Designee Signature

\_\_\_\_\_  
Date

I have read the above information, understand it, and agree to the conditions.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Interpreter Signature (if needed)

\_\_\_\_\_  
Date

Copy given to patient \_\_\_\_\_ (PHN or Designee Initials)