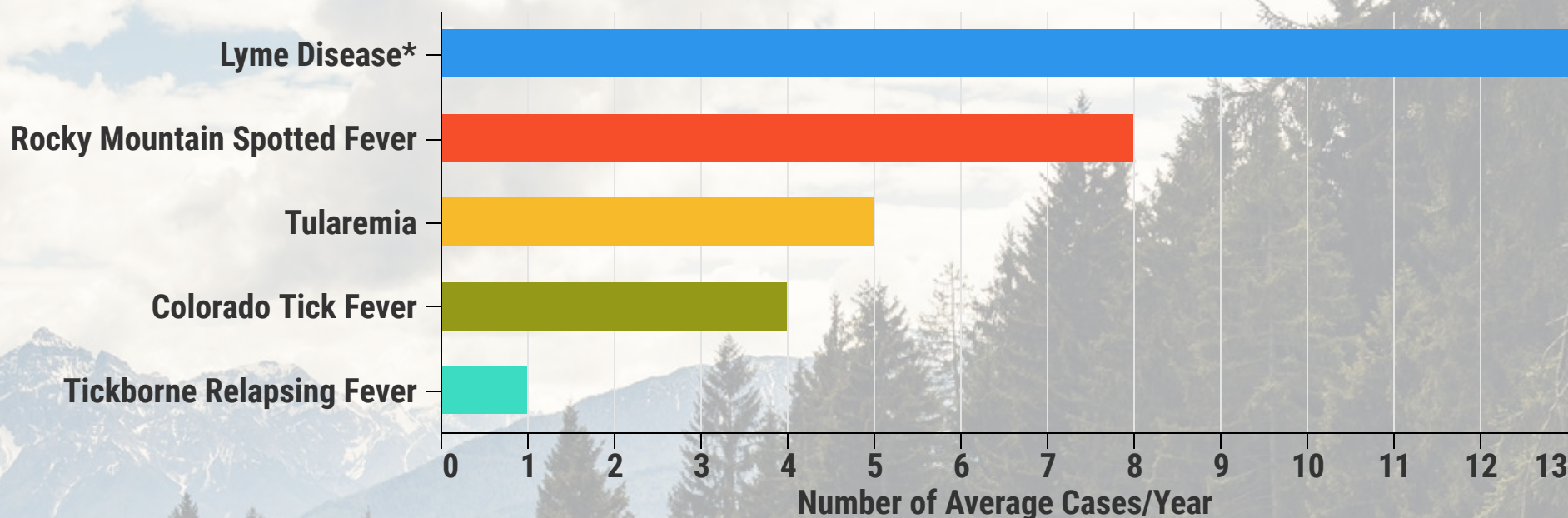


Be Tick Aware: Enjoy the great outdoors safely during tick season.



MONTANA
COMMUNICABLE
DISEASE EPIDEMIOLOGY

Common Tickborne Diseases Reported in Montana, Average Annual Cases, 2011-2020



* Almost all Lyme disease cases report out of state travel and ticks carrying Lyme disease have not been found in Montana.

Prevention of Tickborne Disease

- 1** Know where to expect ticks. Ticks often live in grassy, brushy, or wooded areas.
- 2** Use Environmental Protection Agency (EPA)-registered insect repellents containing DEET, picaridin, IR3535, oil of lemon eucalyptus, para-menthane-diol, or 2-undecanone. Treat clothing, and gear.
- 3** Shower soon after being outdoors and complete a tick check. Check the following parts of your body for ticks: under the arms, ears, belly button, behind knees, between the legs, around the waist, and on the hairline and scalp.

Common Signs and Symptoms of Tickborne Illness

FEVER **FATIGUE** **MUSCLE ACHES**
BODY ACHES **RASH** **HEADACHES**

If you experience any signs or symptoms of a tickborne illness, visit a health care provider.