Hospitalizations due to influenza in the U.S. each year exceed 200,000.

829 Montanans were hospitalized last season, with 67% being aged 65+.

91% of adults hospitalized for influenza in Montana last season presented with at least one risk factor.

- Pregnant women
- Young children
- The elderly
- People with cardiovascular disease
- People with chronic lung conditions
- Diabetics
- Patients with compromised immune systems

Preventative measures:

- Get a flu shot
- Wash your hands
- Cover your cough
- Clean & disinfect surfaces
- Stay home when you're sick