

# Healthy Swimming in Montana

195  
CASES

## RISKS

195 cases of cryptosporidiosis and giardiasis in Montana in 2017

These protozoa can be found in natural water, or can be introduced in recreational water by an ill swimmer.

28% of crypto and giardia cases in 2017 had exposure to recreational water use prior to illness.

### Drowning Deaths

In 2017, there were 11 drowning deaths in water in Montana. Most cases occurred in natural water.

*1 in 3 recreational water facility outbreaks in the US are linked to swimming in hotel pools*



## PREVENTION

766  
inspections

### Inspections

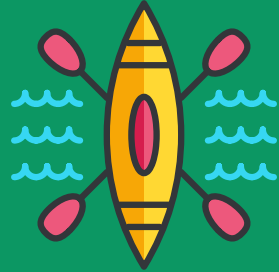
- Environmental health specialists inspected 766 pools and spas in Montana in 2017
- Inspections ensure that facilities are maintained properly and chemical levels are appropriate so that pools and spas are safe to use

*Only swim when you are healthy!*

### What you can do to prevent illness!

- *Stay out of recreational water when you have diarrhea to keep others safe*
- Avoid swallowing recreational water to keep yourself healthy
- Shower before you go swimming

*Swim smart! Supervise children around water at all times*



## SWIM HEALTHY, STAY HEALTHY



MONTANA  
COMMUNICABLE  
DISEASE EPIDEMIOLOGY