

# NATIONAL HIV TESTING DAY - JUNE 27, 2019

## ENDING THE HIV EPIDEMIC: A PLAN FOR AMERICA



**Diagnose** HIV as early as possible



**Treat** HIV quickly and effectively



**Protect** people at risk



**Respond** quickly to clusters of new cases

### EARLY DETECTION IS KEY

The Centers for Disease Control (CDC) recommends everyone should get tested for HIV at least once in their lifetime. Some persons may benefit from more frequent testing, like men who have sex with men or persons who inject drugs.

Find **free** or low cost HIV and STD testing at [GetTested.MT.gov!](http://GetTested.MT.gov)

### DISEASE DETECTIVES

Montana participates in molecular cluster detection to help stop the spread of HIV. Detecting links helps to identify where to intervene quickly.

Many clinics in Montana offer free condoms, assistance for PrEP and other prevention supplies!

### TREATMENT IS PREVENTION

When people with HIV take their medicine as prescribed, the amount of HIV in their blood can become undetectable. They can live long, healthy lives and minimize the chance of spreading HIV to others through sex. Montana offers many great services for persons living with HIV.

### HIV IS PREVENTABLE

1. Use condoms correctly every time.
2. Reduce your number of sex partners.
3. Consider PrEP, a once-a-day pill to prevent HIV for those at greatest risk.
4. Never share needles.
5. Choose less risky behaviors.

For more Prevention tips, visit [HIVSTD.mt.gov](http://HIVSTD.mt.gov)

Over 2,000 free HIV tests are provided by Montana's outreach providers every year. Get Tested TODAY!

According to the CDC, about 1.1 million people in the United States have HIV, and 1 in 7 don't know that they have it.

In Montana, nearly 700 people live with HIV and as many as 100 others may be unaware of their status.

[GetTested.MT.gov](http://GetTested.MT.gov)

For More information on testing and other services, visit our website or contact us:

[HIVSTD.MT.gov](http://HIVSTD.MT.gov)

Montana STD/HIV program

406-444-3565



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