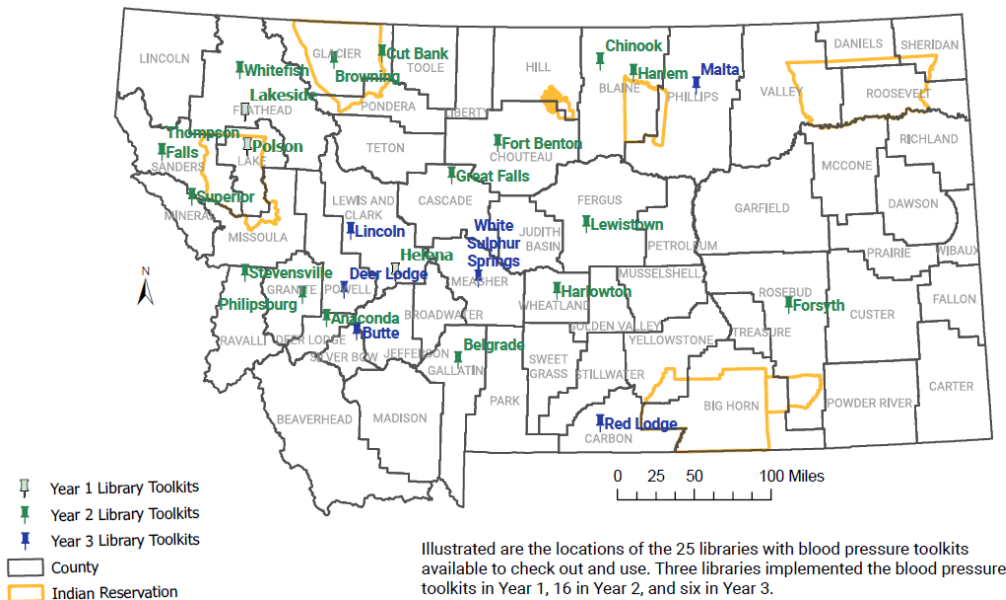




Locations of Library Blood Pressure Toolkits, 2023-2025



Sources: Montana Cardiovascular Health Program Project Applications
Created By: Montana Cardiovascular Health Program
Last Updated: 10/21/2025



Background:

The Cardiovascular Health Program and the Montana State Library have partnered to provide a Library Blood Pressure Toolkit to several community libraries across the state. The toolkit includes an automated blood pressure cuff, pedometer, instructions on how to take an accurate measurement, a blood pressure log, and a list of clinical/community resources for their area. Kits can be checked out by library patrons and are intended to increase access to blood pressure measurements – especially for community members who may not be able to make clinic visits during work hours, may not be able to afford a cuff for home use, or have transportation issues. Toolkit users are encouraged to share the blood pressure log with their provider and to seek treatment if their measurements are elevated.

Highlights:

- Twenty-five libraries have implemented the blood pressure toolkit during a three-year period.
- Most of the library locations are in rural areas of Montana.

CONTACT

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Data Source:

Communication with Montana Librarians (2023-2025).

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