

# HP-CPR Skill Check Sheet

(Seattle/King County Resuscitation Academy) (7/11/14 MH)



# BLS 30:2

PRINT NAME

EMS #

Date: / /

**Objective:** Given 2 or more providers, BLS/ALS equipment and manikin: demonstrate assessment and treatment for Cardiac Arrest as outlined in current: **HP-CPR 30:2**.

## PPE / SAFETY

- Gloves       Eye Protection       AED Safety

## COMPRESSION PERSON(S) (ON PT'S RIGHT SIDE, ADDITIONAL MANPOWER ENTERS AT RIGHT SIDE)

### FEMORAL PULSE CHECK WITH CPR

(MAY BE PERFORMED BY "NEXT-UP" COMPRESSOR, IF SUFFICIENT PERSONNEL IS AVAILABLE)

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Confirm: uncon./unresp.                     | <input type="checkbox"/> Pulse check (no more than 10 sec.)                       | <input type="checkbox"/> Verbally <b>counts</b> compressions                                   | <input type="checkbox"/> Performs proper airway/breathing technique                                       |
| <input type="checkbox"/> Remove patient to open area                 | <input type="checkbox"/> Remove clothing to start                                 | <input type="checkbox"/> Immediately begins chest compressions with rate of 100-120 per minute | <input type="checkbox"/> Completes 2 minutes of CPR before first analysis OR (direction per MPD approval) |
| <input type="checkbox"/> Resume CC immediately after Analysis/ Shock | <input type="checkbox"/> Pulse check - after 2 <sup>nd</sup> "No Shock Indicated" | <input type="checkbox"/> Switches w/o pause every 2 minutes                                    | <input type="checkbox"/> Proper "HOVER" position  |
|  | <input type="checkbox"/> **Proper hand placement                                  | <input type="checkbox"/> **Compress chest at least 2 inches                                    | <input type="checkbox"/> **Allow complete recoil between compressions                                     |
|  | <input type="checkbox"/> ** (per feedback device)                                 |  |   |

## DEFIB TECHNICIAN (COCKPIT POSITION WITH AED/MONITOR AT PT'S LEFT SHOULDER)

- ANALYZE AFTER (2) MINUTES of HP-CPR \*\*\* (provides HP-CPR performance feedback as needed) \*\*\*

### Shock Advised

- Shock – (no pulse check)
- Changes compressor
- Analyze @ 2 mins. (post-shock)
- 2 Minutes of CPR

### No Shock Advised

- 2 mins. of CPR
- Changes compressor
- Pulse Check < 10 sec. (after 2<sup>nd</sup> No Shock)
- 2 Minutes of CPR

## VENTILATION PERSON (USES THE "C THREE" TO SEAL AND "3 FINGER" TECHNIQUE IN VENTILATE)

- Give 2-breaths/30 comp. (unsecured airway) **AND**  About 1 second/breath (300-400ml)
- Give 1 breath/10<sup>th</sup> comp. (secured airway) **AND**  Does so on "Recoil/Decompression" (300-400ml)

## TIME KEEPER (OFFERS A "COUNTDOWN" APPROACH 30 SECS, 15 SECS, ROTATE, ETC.)

- Tracks 2 min. intervals     Announces time at 1:45     Eliminates **ALL** unnecessary interruptions

## CRITICAL FAIL CRITERIA

**Must successfully perform ALL ELEMENTS**

PASS

YES \_\_\_\_\_

NO \_\_\_\_\_

Evaluators name/signature:

Date: