

Montana Health Alert Network

DPHHS HAN

ADVISORY

Cover Sheet

DATE

August 23, 2021

SUBJECT

CDC Releases New Sexually Transmitted Infections (STIs) 2021 Treatment Guidelines

INSTRUCTIONS

DISTRIBUTE to your local HAN contacts. This HAN is intended for general sharing of information.

- Time for Forwarding: **As Soon As Possible**
- Please forward to DPHHS at hhshan@mt.gov
- **Remove this cover sheet before redistributing and replace it with your own**



For LOCAL HEALTH DEPARTMENT reference only
DPHHS Subject Matter Resource for more information regarding this HAN, contact:

DPHHS CDCP

HIV/STD/HCV Section
1-406-444-3565

For technical issues related to the HAN message contact the Emergency Preparedness Section at 1-406-444-0919

DPHHS Health Alert Hotline:
1-800-701-5769

DPHHS HAN Website:
www.han.mt.gov

REMOVE THIS COVER SHEET BEFORE REDISTRIBUTING AND REPLACE IT WITH YOUR OWN

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Categories of Health Alert Messages:

Health Alert: conveys the highest level of importance; warrants immediate action or attention.

Health Advisory: provides important information for a specific incident or situation; may not require immediate action.

Health Update: provides updated information regarding an incident or situation; unlikely to require immediate action.

Information Service: passes along low level priority messages that do not fit other HAN categories and are for informational purposes only.

Please update your HAN contact information on the Montana Public Health Directory

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Information Sheet



DATE

August 23, 2021

SUBJECT

CDC Releases New Sexually Transmitted Infections (STIs) 2021 Treatment Guidelines

BACKGROUND

The guidelines for the treatment of persons who have or are at risk for sexually transmitted infections (STIs) were updated by CDC after consultation with professionals knowledgeable in the field of STIs who met in Atlanta, Georgia, June 11–14, 2019. The content of the guidelines reflects updates to the 2015 guidelines.

INFORMATION

STIs are common and costly. In preliminary data from 2020, a total of 4,138 chlamydia cases, 1,700 gonorrhea cases and 42 primary and secondary syphilis cases were reported in Montana. With 26 million new STIs occurring each year in the US, totaling nearly \$16 billion in medical costs, evidence-based prevention, diagnostic, and treatment recommendations are critical to STI control efforts now more than ever.

During the COVID-19 pandemic, CDC provided *guidance for the disruption of STD clinical services*, focusing on syndromic management and STI screening approaches to maximize the number of people with STIs identified and treated, while prioritizing those most likely to experience complications. However, most drug and testing kit shortages have since resolved and many health care providers are returning to normal clinical practices, which includes conducting STI evaluation and management in accordance with CDC Sexually Transmitted Infections Treatment Guidelines, 2021. <https://www.cdc.gov/std/prevention/disruptionGuidance.htm>

The updated CDC guidelines provide current evidence-based diagnostic, management, and treatment recommendations, and serves as a source of clinical guidance for managing STIs. As noted below, the applicable Montana administrative rules will be updated to reflect the change in guidelines. In the interim, local health officers and their designees should use the Sexually Transmitted Infections Treatment Guidelines, 2021 as the reference for treatment and control of reportable STIs in Montana.

RECOMMENDATIONS

Provider

Notable STI Updates for Providers Cover the Following Topics:

- Treatment recommendations for *Neisseria gonorrhoea*, *Chlamydia trachomatis*, and *Trichomonas vaginalis*.
- Treatment recommendations for uncomplicated gonorrhea in neonates, children, and other specific clinical situations (e.g., proctitis, epididymitis, sexual assault), which builds on broader treatment changes published in the *Morbidity and Mortality Weekly Report*.
<https://www.cdc.gov/mmwr/volumes/70/rr/rr7004a1.htm>
- The addition of metronidazole to the recommended treatment regimen for pelvic

inflammatory disease.

- Alternative treatment options for bacterial vaginosis.
- Management of *Mycoplasma genitalium*, including information on FDA-cleared diagnostic tests for *Mycoplasma genitalium*.
- Human papillomavirus vaccine recommendations and counseling messages. Harmonized recommendations for human papillomavirus vaccination with the *Advisory Committee on Immunization Practices*.
<https://www.cdc.gov/vaccines/hcp/acip-recs/vacc-specific/hpv.html>
- Expanded risk factors for syphilis testing among pregnant patients.
- One-time hepatitis C testing is in alignment with CDC's 2020 hepatitis C testing recommendations.
<https://www.cdc.gov/hepatitis/hcv/guidelinesc.htm>
- Evaluation of men who have sex with men after sexual assault.
- Recommended two-step serologic testing for diagnosing genital herpes simplex virus.
- Information on FDA-cleared diagnostic tests for rectal and pharyngeal chlamydia and gonorrhea.

STI Provider Resources include:

- **High-quality printable copies of the wall chart, pocket guide, and MMWR** are available for download on the *STD website*. A limited number of free copies will be available for order through *CDC-INFO on Demand* in the coming weeks.
<https://www.cdc.gov/std/treatment-guidelines/provider-resources.htm>
<https://www.cdc.gov/pubs/CDCInfoOnDemand.aspx>
- **Training and technical assistance** are available through the *National Network of STD Clinical Prevention Training Centers*.
<https://www.nnptc.org/>
- **STD clinical consultation services** are available through the *STD Clinical Consultation Network*.
<http://www.stdccn.org/>
- **Free continuing education credits (CME and CNE)** are available through the *National STD Curriculum*.
<http://www.std.uw.edu/>
- **Recommendations for Providing Quality STD Clinical Services** (or *STD QCS*) complement the *STI treatment guidelines*, focusing on managing clinical operations.
<http://www.cdc.gov/std/qcs>
- **An updated STI Treatment Guidelines mobile app**, which is in development and is expected to launch in the coming months.

NOTE: The 2015 STD Treatment Guidelines app will be retired at the end of July 2021. CDC is finalizing an interim, mobile-friendly solution – please visit *STI Treatment Guidelines* for information, as it becomes available.

<https://www.cdc.gov/std/treatment-guidelines/default.htm>

APPLICABLE PUBLIC HEALTH ADMINISTRATIVE RULES OF MONTANA

The Sexually Transmitted Disease Treatment Guidelines, 2015 are incorporated by reference into the following communicable disease control administrative rules:

- ARM 37.114.105 Incorporation by Reference
<https://rules.mt.gov/gateway/RuleNo.asp?RN=37%2E114%2E105>
- ARM 37.114.515 Chlamydia Infection
<https://rules.mt.gov/gateway/ruleno.asp?RN=37%2E114%2E515>
- ARM 37.114.530 Gonorrhea
<https://rules.mt.gov/gateway/ruleno.asp?RN=37%2E114%2E530>
- ARM 37.114.531 Granuloma Inguinale
<https://rules.mt.gov/gateway/ruleno.asp?RN=37%2E114%2E531>
- ARM 37.114.552 Lymphogranuloma Venereum

<https://rules.mt.gov/gateway/ruleno.asp?RN=37%2E114%2E552>

- ARM 37.114.583_Syphilis

<https://rules.mt.gov/gateway/ruleno.asp?RN=37%2E114%2E583>

These administrative rules will be updated to reflect the change in guidelines. In the interim, local health officers and their designees should use the Sexually Transmitted Infections Treatment Guidelines, 2021 as the reference for treatment and control of reportable STIs in Montana.

Resources

1. 2021 Sexually Transmitted Infections Treatment Guidelines

<https://www.cdc.gov/std/treatment-guidelines/default.htm>