

Managing Deployment Stress in Public Health Emergencies



Public Health Emergency deployments can be stressful, both during and after the event. Stressors can range from the physical demands of the work and unpredictable environments to the emotional toll of witnessing suffering and the challenges of reintegrating into everyday life. Public Health workers can benefit from recognizing the importance of addressing these stressors and using helpful resources for both individual and unit readiness.

PROGRAM HIGHLIGHTS

- ✓ Defining operational stress in public health emergency deployments
- ✓ Self-assessment and readiness for deployment
- ✓ Pre-deployment action steps to reduce stress
- ✓ Operational stress control strategies during deployment
- ✓ Post-deployment considerations in decompression and reintegration
- ✓ Adopting an anti-fragile mindset for wellness and growth

DATE: October 1, 2025 | TIME: 10:00-11:30 am

Registration is required. Register at:

https://us02web.zoom.us/webinar/register/WN_v09n0Z0MRf2A5cLkxG2sMA

ABOUT THE INSTRUCTOR

Steve Crimando, MA, is the founder and director of the Homeland Security Human Factors Institute™ at Behavioral Science Applications LLC. He is an internationally known emergency behavioral health clinician, educator, and responder. With more than 35 years of frontline field experience, Mr. Crimando was deployed to the 9/11 and 1993 World Trade Center attacks, the Northeast anthrax screening center, and many other disasters and acts of terrorism. He is a published author who is frequently consulted by the media and courts as an expert in crisis intervention. He provides training and support to multinational corporations, law enforcement, intelligence, and military organizations, as well as NGO's, such as the United Nations.

