



# Asthma

## FIRST AID

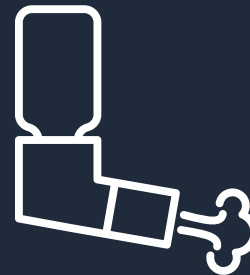
1



### Sit the child upright.

Be calm and reassuring.  
Do not leave them alone.

2



### Help the student use an Emergency Rescue Inhaler.

Encourage the child to breath slowly and deeply.  
Additional puffs may be needed based on the child's asthma action plan.

\*An emergency or rescue inhaler is a type of inhaler that dispenses medication to relieve or stop the symptoms of an asthma attack. Albuterol is the most commonly used short-acting medication in rescue inhalers.

3



### Wait five minutes.

4



### If there is no improvement, call 911 and have the child take 2 more puffs.