

Student Hands-Only CPR Training Checklist

Project Goal:

Provide training to at least 20 students.

Project Steps:

1. Contact teachers and school administrators to set up a training time. The training may be done as part of a health curriculum or it may be set up outside of regular school hours.
2. Consult the Hands-Only CPR map under the Montana Heart Rescue Training drop-down tap on the following website to find a trainer in your area and contact a trainer.
 - <http://dphhs.mt.gov/publichealth/EMSTS/cardiaready/MontanaHeartRescueCPRTraining>
 - The trainer will supply a hands-only CPR training kit which includes a training video, manikins, and other supplies.
 - Grantees may choose to conduct the trainings with or without the assistance of the local trainer. Anyone can teach the course using the syllabus and videos, but it is helpful to have a knowledgeable trainer available to help answer questions and demonstrate proper technique.
3. Conduct Training:
 - Follow the course syllabus included in the training kit.
 - Re-pack the tote and sanitize the manikins. Note any damaged manikins or missing supplies. If conducting the training on your own, return the tote to where you checked it out and notify the local trainer of missing or damaged supplies.

Report Results:

Complete the outcomes report form and return it to the [School Health Program](#) by May 31 of the school year in which the grant is received. Email, fax, or mail outcome report forms to the School Health Program using the contact information provided on the form.

For More Information:

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