## Benefits of the Montana Asthma Home Visiting Program (MAP):



No cost to participants



Home visits per year



Free allergen proof pillow and mattress covers



Free air filter for homes with pets or people who smoke



Help identifying asthma triggers in your home



Asthma education, resources, and referral to community services



Individual help navigating the medical system



DPHHS complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-406-444-1386 (TTY: 1-800-833-8503). ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-406-444-1386 (TTY: 1-800-833-8503).

000 copies of this public document were published at an estimated cost of \$0.00 per copy, for a total cost of \$000.00, which includes \$00.00 for printing and \$0.00 for distribution.

### Call today! Talk to the MAP home visiting staff in your area

Anaconda-Deer Lodge County Health Department 115 W. Commercial Ave., Anaconda, MT 59711 406-563-7863 Bullhook Community Health Center 521 4th St., Havre, MT 59501 406-395-4305 Cascade City-County Health Department 115 4th St. South. Great Falls. MT 59401 406-791-9299 Custer County Health Department/oneHealth 515 Main St., Miles City, MT 59301 406-874-8700 Flathead Community Health Center 1035 1st Ave. West, Kalispell, MT 59901 406-751-8110 Gallatin City-County Health Department 215 W. Mendenhall, Bozeman, MT 59715 406-582-3100 Lewis and Clark Public Health 1930 Ninth Ave., Helena, MT 59601 406-457-8976 Park County Health Department 414 E. Callender St., Livingston, MT 59047 406-222-4145 Richland County Health Department 1201 West Holly St., Ste. #1, Sidney, MT 59270 .406-433-2207

Refer a patient or self-refer to the MAP online! Available Statewide!



Scan this code or visit asthma.mt.gov

Updated August 2022

#### Montana Asthma Home Visiting Program



Free asthma education
In your home
On your schedule





# **Experience Proven Results** Results before and after completing the asthma home visiting program

65) No activity limitations in last month No urgent office or ED visits in the last six months Missed no school due to asthma in the last six months. Did not have daily symptoms during the last month Did not use rescue inhaler everyday for the last month Had good inhaler technique 30 89 Asthma Control Test score indicated well controlled asthma 35 Had an asthma action plan Asthma Knowledge Test score over 90% 79 25 50 75 0 100 Percent

#### Who is eligible?

Any child or adult with a current asthma diagnosis who has had either:



An ED visit, hospitalization, or unscheduled medical office visit for asthma



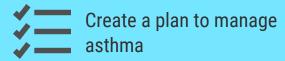


An Asthma Control Test score of less than 20 in the last year

The Asthma Control Test™(ACT) will give you a snapshot of how well your asthma has been controlled over the last 4 weeks. giving you a simple score out of 25.



Adults and children who do not meet eligibility requirements are able to participate in MAP with a direct referral from their healthcare provider.





Learn how to properly use asthma medications



Reduce missed school or work days due to asthma



Reduce the number of days with asthma symptoms



Have fewer ED or Urgent Care visits for asthmarelated symptoms

