The Montana Asthma Home Visiting Program (MAP) Includes:

- Six home visits over a year
- Help identifying things in your home that may make your asthma worse
- Custom asthma education
- Educational resources and referrals to community services
- Individual help with managing the medical system
- Free allergen proof pillow and mattress covers
- Free air filter for those with animals or smokers present in the home
- All asthma home visiting services are offered at no cost to the program participants



DPHHS complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-406-444-1386 (TTY: 1-800-833-8503).

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-406-444-1386 (TTY: 1-800-833-8503).

How to enroll in MAP?

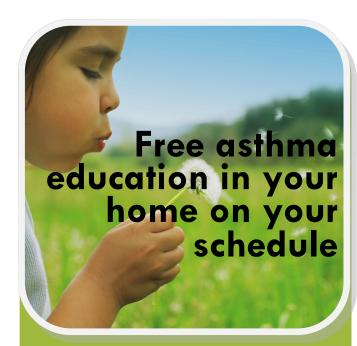
MAP is currently available in these areas. Call today to talk to the home visiting nurse in your area.

Anaconda-Deer Lodge County Health Department 115 W. Commercial Ave., Anaconda, MT 59711 **Bullhook Community Health Center** 521 4th St., Havre, MT 59501 **Butte-Silver Bow County Health Department** 25 West Front St., Butte, MT 59701 Cascade City-County Health Department 115 4th St. South, Great Falls, MT 59401 Custer County Health Department/oneHealth 210 South Winchester Ave., Miles City, MT 59301 Flathead Community Health Center 1035 1st Ave. West, Kalispell, MT 59901 **Gallatin City-County Health Department** 215 W. Mendenhall, Bozeman, MT 59715 **Lewis and Clark Public Health** 1930 Ninth Ave., Helena, MT 59601 406-457-8976 Missoula City-County Health Department 301 West Alder St., Missoula, MT 59802 **Park County Health Department** 414 E. Callender St., Livingston, MT 59047

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1201 West Holly St., Ste. #1, Sidney, MT 59270

Richland County Health Department







Experience dramatic results by participating in MAP

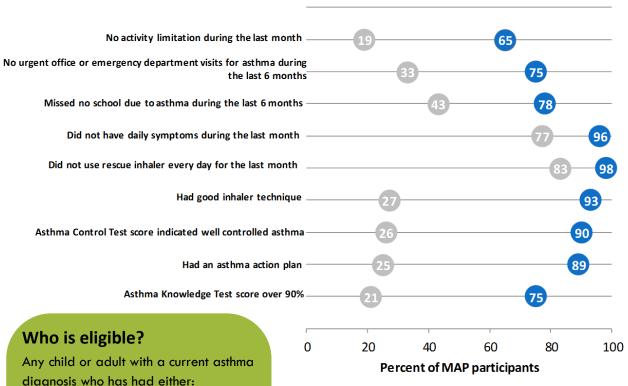
"Not only has my daughter's health improved, the whole family has benefited from various environmental changes they made after an environmental home assessment."

"It's a blessing to be able to watch my daughter play the game she loves [soccer] while not having to worry if she is on the brink of an asthma attack."

"She [home visiting nurse] was wonderful at explaining terminology to our son (and us) and shared many resources with us during our year with the Project. This allowed us to be proactive about our son's asthma and we now feel confident in managing it."

"With the support of my MAP nurse, I was given information and encouragement to work with my pediatrician to develop a plan for my son's asthma, including starting him on a daily controller medication and working to figure out what in his home environment and outside environment was making his asthma worse."

Results from before and after completing the asthma home



diagnosis who has had either:

- an emergency department visit, hospitalization or unscheduled medical office visit for asthma
- an Asthma Control Test score of less than 20 in the last year

Adults or children who do not meet these requirements are eligible for MAP with a direct referral from their healthcare provider.

- Avoid missed school/work days
- Limit the number of days with asthma symptoms
- Learn how to properly use asthma medications
 - Create a plan to manage asthma

Find a program in your area today!