

MONTANA STATE HEALTH IMPROVEMENT PLAN (SHIP)

Consolidated Implementation Plan (2025–2027)

Integrated Resource Assessment Across Pillars: Behavioral Health | Cardiovascular Health | Maternal Health

I. OVERARCHING PRIORITY GOALS

SHIP Pillar	Goals
Behavioral Health	<ul style="list-style-type: none"> ▪ Reduce suicide and suicide attempts ▪ Reduce drug and alcohol-related deaths and injuries
Cardiovascular Health	<ul style="list-style-type: none"> ▪ Reduce coronary heart disease and stroke deaths ▪ Prevent and control associated risk factors (tobacco use, obesity, hypertension)
Maternal Health	<ul style="list-style-type: none"> ▪ Reduce preterm births and congenital syphilis ▪ Improve maternal mental health and early prenatal care

II. POPULATION STRATEGIES: PRIORITY OBJECTIVES + ACTIONS

A. ADULT FOCUS (2025–2026)

Focus Area	Objective	Key Actions	Lead(s)	KPI
Substance Use	Increase SUD Treatment	<ul style="list-style-type: none"> ▪ Expand ED-based peer navigation and referral ▪ Coordinate ED interventions statewide 	Christine Roberts	% receiving SUD treatment (NSDUH)
Substance Use	Address Alcohol & Drug Misuse	<ul style="list-style-type: none"> ▪ Support access to treatment and outreach campaigns (SUD, alcohol focus) ▪ Expand naloxone distribution and community navigators 	SUD Taskforce, MT PHI, ACEs Resiliency	% with AUD/DUD (NSDUH)
Mental Health	Reduce Adult Mental Distress	<ul style="list-style-type: none"> ▪ Expand mental health promotion programs 	ACEs Resiliency	% reporting frequent distress (BRFSS)
Chronic Diseases	Reduce CV Risk Factors	<ul style="list-style-type: none"> ▪ Expand DPP, stroke education, REACH, arthritis PA ▪ Promote QuitNow, enforce tobacco policies ▪ Use EHRs for hypertension care and telestroke access 	Fernandez, House, Aune, Fogle	% with obesity, % on HTN meds (BRFSS)
Maternal Health	Timely Prenatal Access	<ul style="list-style-type: none"> ▪ Promote Well-Woman visits ▪ Fund LHD prenatal services 	Alison Mutz	% early prenatal care (Vital Stats)

Maternal Health	Reduce Maternal Depression	<ul style="list-style-type: none"> ▪ Expand postpartum screening contracts ▪ Support WIC screeners & maternal health hotline 	Lacy Little	% screened (PRAMS)
Maternal Health	Reduce Congenital Syphilis	<ul style="list-style-type: none"> ▪ Media & education campaigns ▪ Offer free testing, distribute information through home visiting 	Kristi (Chronic Disease)	Syphilis rate (MIDIS)
Maternal Health	Reduce Tobacco Use in Pregnancy	<ul style="list-style-type: none"> ▪ Home visits integrate cessation tools ▪ Link WIC services 	Leslie Lee, Lacy Little	% pregnant smokers (Vital Stats)

B. ADOLESCENT FOCUS (2025–2026)

Focus Area	Objective	Key Actions	Lead(s)	KPI
Mental Health	Reduce suicidal ideation	<ul style="list-style-type: none"> ▪ Promote safe storage ▪ Train clubs/gun shops ▪ Track firearm safety practices 	Maureen Ward, Safer MT	% considering suicide (YRBS)
Mental Health	Increase Youth-Adult Trust	<ul style="list-style-type: none"> ▪ Mentorship and connection programs (schools, CBOs) 	Local Contractors	% with trusted adult (PNA)
Substance Use	Reduce Alcohol & Marijuana Use	<ul style="list-style-type: none"> ▪ Youth-led prevention ▪ Culturally relevant outreach 	ACEs + SUD Taskforces, Lani Starovich	% youth use (YRBS, PNA)
Tobacco Prevention	Reduce Youth Tobacco Use	<ul style="list-style-type: none"> ▪ Expand REACT initiative ▪ Quit lines, asthma visits ▪ School tobacco-free MOUs 	Nicole Aune, BJ Biskupiak	% youth tobacco use (YRBS)
Obesity/Activity	Increase PA, Reduce Obesity	<ul style="list-style-type: none"> ▪ MEND youth physical activity and nutrition program ▪ Promote active living education 	Melissa House, Jessica Kechley	% youth with obesity (YRBS)
Sexual & Reproductive Health	Increase Adolescents Abstinent/Delayed Initiation	<ul style="list-style-type: none"> ▪ School-based abstinence curricula and regional sex ed programs ▪ Provide confidential care via school lead providers 	Flathead/Granite Contractors, Bridger Care	Teen birth rate, % abstinent (YRBS)

III. CROSS-CUTTING STRATEGIES (ALL PILLARS)

- **Leverage Task Forces & Working Groups:**

- Behavioral Health System for the Future Generations
- SUD Task Force
- Stroke Workgroup, Cardiovascular Collaborative
- ACEs & Resiliency Taskforce
- WISEWOMAN | HEART Initiative | REACH

- **Partner Engagement**

- Tribal leadership and health departments
- Community-based school contractors
- OPI (Office of Public Instruction)
- Local coalitions/crisis networks
- WIC, local hospitals, home visiting programs

- **Equity & Cultural Relevance**

- Ensure all campaigns and interventions consider tribal, rural, and vulnerable populations' needs
- Distinguish ceremonial from commercial tobacco in tribal settings
- Emphasize youth voice via REACT/youth prevention initiatives

IV. RESOURCES REQUIRED

Resource	Description
Funding	<ul style="list-style-type: none">• Block Grants (Maternal & Child Health, Preventive Health, Chronic Disease)• Federal SUD and Behavioral Health Funds
Staff/Contractors	<ul style="list-style-type: none">• Peer Navigators, LHD staff, screening providers, youth program leads, clinical partners
Media & Outreach	<ul style="list-style-type: none">• BH and maternal media on tobacco, syphilis, prenatal, and postpartum depression• CVD prevention campaigns (e.g., QuitNow, healthy lifestyles)
Technology & Data	<ul style="list-style-type: none">• EHR optimization, TeleStroke implementation, data collection enhancements across BRFSS, NSDUH, PRAMS, YRBS
Infrastructure	<ul style="list-style-type: none">• Strengthen interagency coordination with community-based and school-linked organizations

V. MONITORING & EVALUATION FRAMEWORK

Category	Description
Data Systems	<ul style="list-style-type: none"> ▪ NSDUH (Substance Use) ▪ BRFSS (Adult Health) ▪ YRBS (Youth HRB) ▪ PRAMS (Maternal Health) ▪ Vital Statistics / MIDIS (Births/STIs) ▪ PNA / NSCH for adolescent perception & clinical access
Evaluation Activities	<ul style="list-style-type: none"> ▪ Mid-cycle evaluation (2026) ▪ Quarterly and annual contractor reviews ▪ Healthy People 2030 benchmark tracking ▪ Community, stakeholder, & tribal feedback review
Reporting & Accountability	<ul style="list-style-type: none"> ▪ Routine performance tracking for each strategy ▪ Annual progress dashboards shared with stakeholders ▪ Alignment & adaptiveness based on local data