



## Becoming a Montana Lifespan Respite Provider

### *Answers to Frequently Asked Questions*

- **What is Respite?**
  - *The Coalition’s Definition of Respite: “planned or emergency care provided to an individual with need for support and supervision in order to provide temporary relief to the primary caregiver of that individual”*
- **What are the benefits of respite?**
  - Respite helps maintain caregiver health, decreases family stress, reduces risk of abuse and neglect, and delays out-of-home placement.
- **Who can apply for a Lifespan Respite voucher?**
  - Caregivers who identify a critical need for relief, regardless of age, income, race, ethnicity, special need or situation.
- **Where does respite take place while the caregiver uses respite or takes a break?**
  - May include in the home of the caregiver or the respite provider, in a facility or out in the community.
- **Why should I become a respite provider?**
  - Make a positive difference in the lives of caregivers and their loved ones
  - Very rewarding work
  - Make extra money
  - Work flexible hours
  - Work as little or as much as you choose
  - Set your own rate of pay
- **If I become a respite provider, how do I find people who need respite?**
  - You may have your name and qualifications included on the Montana-ADRC.com searchable database that caregivers may use to find respite providers in their community.
- **How do I get my name on the database?**
  - Watch the training on the [respite.mt.gov](http://respite.mt.gov) website and complete the quiz
  - Fill out an application and background check permission sheet
  - Send the application, a completed background check permission sheet, and the training quiz to the address listed on the application
- **What is required to become a respite provider?**
  - A current clean background check
  - Completion of Lifespan Respite Provider training and quiz
  - Current CPR/First Aid Certification is recommended, not required

## Lifespan Respite Provider Training

*“Building the respite workforce  
in caring communities”*

- How is payment made through the voucher system?
  - The caregiver is reimbursed for respite provided within two weeks after turning in a reimbursement form and it is their responsibility to pay the respite provider in a timely manner, either before or after they receive their reimbursement. This should be part of the agreement to provide respite care.
- How much will I get paid?
  - Rate of pay is negotiated between the caregiver and respite provider, may be an hourly, daily or weekly and should be agreed upon before respite takes place.
- How do I get my name out there besides the database?
  - Facebook posts, flyers to support groups, Area Agencies on Aging, hospitals, clinics, children’s services, etc.



2200 Box Elder, Suite 151  
Miles City, MT 59301  
Phone: 406-234-6034  
1-800-224-6034  
Mon – Fri 8AM – 5 PM



Aging & Disability Resource Centers  
for respite assistance  
1-800-551-3191  
Mon – Fri 8AM to 5PM