



**Section 1115 PLAN FIRST Demonstration Waiver  
Post Award Forum  
(July 29, 2021)**

**Plan First is a Section 1115 Medicaid Family Planning Waiver Eligibility:**

- Montana women ages 19 through 44;
- Not eligible for other Medicaid benefits;
- Able to become pregnant but are not now pregnant; and
- Earning a household income up to 200% of the federal poverty level (FPL) plus 11% of the FPL calculated by CMS as a substitute for income disregards, for a total of 211% of the FPL.
- Plan First allows a maximum of 4,000 enrollees to be served.

**Plan First's Goals:**

- Improved access to and use of family planning services among the participants;
- Fewer unintended pregnancies and births; and
- Improved birth outcomes and women's health by increasing the child spacing interval.

**Plan First's Renewal:**

- The Plan First Waiver expired on March 31, 2019, and the waiver renewal submittal was approved effective April 1, 2019 through December 31, 2028.
- The renewal has no substantial changes; and
- Although the waiver is limited to 4,000 women at any time, there was a marked and steady decline in enrollment that coincided with the implementation of Medicaid expansion in January of 2016 whereby many women qualified for the more comprehensive coverage. However, in the last few years, the decline has lessened, and enrollment seems to be leveling off.

**Plan First's Changes:**

- In the spring of 2020, in response to the COVID-19 state of emergency, Montana added telehealth services to Plan First list of covered services.
- On 1/1/2021, Plan First's application process was integrated within the greater Medicaid application process. Since 2012, Plan First applications have been managed independently from Medicaid. This change allows eligibility evaluation for all Montana medical assistance programs and if ineligible, will be automatically referred to the healthcare marketplace.

**Participant Enrollment:**

- The Plan First enrollment has remained relatively stable over the last year. At the end of December 2020 there were 1,331 members enrolled in Plan First, the enrollment increased to 1,389 as of June 1, 2021.



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