

# 2022 HEALTH OBSERVANCES CALENDAR

## January 2022

Thyroid Awareness Month  
National Glaucoma Awareness Month  
National Birth Defects Prevention Month  
Cervical Health Awareness Month  
Stalking Awareness Month  
Radon Awareness Month  
National Blood Donor Month  
National Mentoring Month  
Dry January

### Days to Note

World Leprosy Day; January 30

## February 2022

American Heart Month  
Age-Related Macular Degeneration (AMD) / Low Vision Awareness Month  
International Prenatal Infection Prevention Month  
National Cancer Prevention Month  
National Children's Dental Health Month  
Teen Dating Violence Awareness Month

### Weeks to Note

Congenital Heart Defect Awareness Week; February 7 – 14  
National School Counseling Week; February 7-11  
Heart Failure Awareness Week; February 12 – 20  
Random Acts of Kindness Week; February 13-19  
Sepsis Survivor Week; February 14 - 20  
National Eating Disorder Awareness Week; February 21 - 27

### Days to Note

World Cancer Day; February 4  
National Wear Red Day; February 4  
Give Kids A Smile<sup>®</sup> Day; February 5  
Toothache Day; February 9  
National Donor Day; February 14  
Random Acts of Kindness Day; February 17  
National Heart Valve Disease Awareness Day; February 22  
Rare Disease Day 2022; February 28

## March 2022

Bleeding Disorders Awareness Month  
Brain Injury Awareness Month  
Multiple Sclerosis Education and Awareness Month

Myeloma Action Month  
National Colorectal Cancer Awareness Month  
National Developmental Disabilities Awareness Month  
National Endometriosis Awareness Month  
National Kidney Month  
National Nutrition Month  
National Traumatic Brain Injury Awareness Month  
Save Your Vision Month  
Self-Harm Awareness Month  
Trisomy Awareness Month  
Workplace Eye Wellness Month

## **Weeks to Note**

National Pulmonary Rehabilitation Week; March 8 - 14  
Patient Safety Awareness Week; March 13 - 19  
National Sleep Awareness Week; March 14 - 20  
Brain Awareness Week; March 14 – 20  
National Poison Prevention Week; March 20-26  
National Drug and Alcohol Facts Week; March 21 – 27

## **Days to Note**

World Birth Defects Day; March 3  
International Women’s Day; March 8  
National Women and Girls HIV/AIDS Awareness Day; March 10  
World Kidney Day 2022; March 10  
World Sleep Day; March 18  
National Native American HIV/AIDS Awareness Day; March 20  
World Oral Health Day; March 20  
World Down Syndrome Day; March 21  
World Tuberculosis Day; March 24  
American Diabetes Alert Day; March 26  
Epilepsy Awareness - Purple Day; March 26  
National Doctors’ Day; March 30

## **April 2022**

Alcohol Awareness Month  
Irritable Bowel Syndrome Awareness Month  
Medicaid Awareness Month  
National Autism Awareness Month  
National Cancer Control Month  
National Donate Life Month  
National Facial Protection Month  
National Interprofessional Healthcare Month  
National Minority Health Month  
National Sarcoidosis Awareness Month  
Occupational Therapy Month  
Oral Cancer Awareness Month  
Parkinson’s Awareness Month  
Sexual Assault Awareness & Prevention Month  
STI Awareness Month

Stress Awareness Month  
Testicular Cancer Awareness Month  
National Child Abuse Prevention Month

## **Weeks to Note**

National Public Health Week – Healthiest Nation 2022; April 4-10  
Oral, Head, and Neck Cancer Awareness Week; April 11 - 16  
National Pediatric Transplant Week; April 18 - 24  
Pediatric Sepsis Week; April 18 - 24  
National Infertility Awareness Week; April 21 - 27  
World Immunization Week; April 22 - 28  
Every Kid Healthy Week; April 25 - 29  
Patient Experience Week; April 25 - 29  
National Infant Immunization Week; April 26 - May 2

## **Days to Note**

Take Down Tobacco/Kick Butts Day; April 1  
World Autism Awareness Day; April 2  
World Health Day 2022; April 7  
National Alcohol Screening Day; April 7  
National Youth HIV and AIDS Awareness Day; April 10  
National Prescription Drug Take Back Day; April 15  
Annual National Healthcare Decisions Day; April 16  
World Hemophilia Day; April 17  
World Meningitis Day; April 24  
DNA Day 2022; April 25  
World Malaria Day 2022; April 25  
DEA Takeback Day 2022; April 27  
World Day for Safety and Health at Work; April 28

## **May 2022**

Arthritis Awareness Month  
Better Hearing and Speech Month  
Global Employee Health and Fitness Month  
Hepatitis Awareness Month  
Lupus Awareness Month  
Mental Health Month  
National Asthma & Allergy Awareness Month  
National Celiac Disease Awareness Month  
National High Blood Pressure Education Month  
National Nurses Month  
National Osteoporosis Month  
National Physical Fitness and Sports Month  
National Stroke Awareness Month  
National Teen Pregnancy Prevention Month  
Older Americans Month  
Preeclampsia Awareness Month  
Skin Cancer Prevention and Awareness Month  
Healthy Vision Month

Cystic Fibrosis Awareness Month

Women's Health Month

## **Weeks to Note**

Children's Mental Health Awareness Week; May 1 - 7

National Physical Education and Sport Week; May 1 - 7

North American Occupational Safety and Health Week; May 2 - 8

Air Quality Awareness Week; May 3 – 7

National Nurses Week; May 6 – 12

National Prevention Week; May 8-14

National Hospital Week; May 9 - 15

Maternal Sepsis Week; May 9 - 15

Food Allergy Awareness Week; May 9 - 15

National Women's Health Week; May 8-14

National Stuttering Awareness Week; May 10 – 15

National Alcohol and Other Drug-Related Birth Defects Week (TBD)

## **Days to Note**

World Asthma Day; May 4

World Hand Hygiene Day; May 5

International No Diet Day; May 6

Children's Mental Health Awareness Day; May 7

National Cornelia de Lange Syndrome Awareness; May 8

World Red Cross and Red Crescent Day; May 8

National Student Nurses Day; May 8

National School Nurse Day; May 11

Chronic Fatigue Syndrome Day; May 12

International Nurses Day; May 12

World Autoimmune/Auto-inflammatory Arthritis Day; May 20

Don't Fry Day; May 21

National Senior Health & Fitness Day; May 27

World No Tobacco Day; May 31

## **June 2022**

Alzheimer's & Brain Awareness Month

Cataract Awareness Month

Men's Health Month

Myasthenia Gravis Awareness Month

National Aphasia Awareness Month

National Congenital Cytomegalovirus Awareness Month

National Migraine and Headache Awareness Month

National Scleroderma Awareness Month

PTSD Awareness Month

Scoliosis Awareness Month

National Safety Month

## **Weeks to Note**

Men's Health Week; June 13 - 19

Helen Keller Def-Blind Awareness Week; June 21 - 27

## **Days to Note**

National Cancer Survivors Day; June 6

World Brain Tumor Day; June 8

Family Health and Fitness Day; June 11

World Blood Donor Day; June 14

Autistic Pride Day; June 18

World Sickle Cell Day; June 19

World Vitiligo Day; June 25

International Day Against Drug Abuse and Illicit Trafficking; June 26

National HIV Testing Day; June 27

## **July 2022**

Cord Blood Awareness Month

Group B Strep Awareness Month

Healthy Vision Month

Juvenile Arthritis Awareness Month

National Cleft & Craniofacial Awareness & Prevention Month

Sarcoma Awareness Month

UV Safety Month

National Park and Recreation Month

## **Days to Note**

International Self-Care Day; July 24

World Hepatitis Day; July 28

## **August 2022**

Children's Eye Health and Safety Month

Digestive Tract Paralysis Awareness Month

Gastroparesis Awareness Month

National Breastfeeding Month

National Immunization Awareness Month

Psoriasis Action Month

Summer Sun Safety Month

## **Weeks to Note**

World Breastfeeding Week; August 1 - 7

National Health Center Week; August 7 - 13

Contact Lens Health Week; August 19 - 23

## **Days to Note**

World Lung Cancer Day; August 1

International Youth Day; August 12

National Nonprofit Day; August 17

International Overdose Awareness Day; August 31

## **September 2022**

Baby Safety Month

Blood Cancer Awareness Month

Childhood Cancer Awareness Month  
Food Safety Education Month  
Healthy Aging® Month  
National Atrial Fibrillation Awareness Month  
National Childhood Obesity Awareness Month  
National Cholesterol Education Month  
National ITP (Platelet Disorder) Awareness Month  
National Pediculosis Prevention Month/Head Lice Prevention Month  
National Recovery Month  
National Sickle Cell Month  
National Yoga Awareness Month  
Newborn Screening Awareness Month  
Ovarian Cancer Awareness Month  
Pain Awareness Month  
Polycystic Ovary Syndrome Month  
Prostate Cancer Awareness Month  
Sepsis Awareness Month  
Sports Eye Safety Awareness Month  
World Alzheimer's Month

## **Weeks to Note**

National Suicide Prevention Week; September 4-10  
National Folic Acid Awareness Week; September 12-18  
Malnutrition Awareness Week; September 19 - 23  
Global ITP Awareness Week; September 20-24  
Falls Prevention Awareness Week; September 20-24  
Fungal Disease Awareness Week; September 20-24  
National Rehabilitation Awareness Week; September 20 - 26

## **Days to Note**

World Suicide Prevention Day; September 10  
World Sepsis Day; September 13  
National Celiac Disease Awareness Day; September 13  
National HIV/AIDS and Aging Awareness Day; September 18  
Get Ready for Flu Day; September 21  
World Alzheimer's Day; September 21  
Sport Purple for Platelets Day; September 24  
World Lung Day; September 25  
Mesothelioma Awareness Day; September 26  
World Rabies Day; September 28  
National Women's Health and Fitness Day; September 29  
World Heart Day; September 29

## **October 2022**

Domestic Violence Awareness Month  
Eye Injury Prevention Month  
Health Literacy Month  
Healthy Lung Month  
Home Eye Safety Month  
Medical Ultrasound Awareness Month

National ADHD Awareness Month  
National Breast Cancer Awareness Month  
National Bullying Prevention Month  
National Dental Hygiene Month  
National Depression and Mental Health Screening Month  
National Down Syndrome Awareness Month  
National Physical Therapy Month  
National Substance Abuse Prevention Month  
Spina Bifida Awareness Month  
Sudden Cardiac Arrest Awareness Month  
Sudden Infant Death Syndrome (SIDS) Awareness Month

## **Weeks to Note**

Mental Illness Awareness Week; October 2 - 8  
National Primary Care Week; October 4 - 8  
National PA Week; October 6 - 12  
Bone and Joint Health Action Week; October 12 - 20  
International Infection Prevention Week; October 17 – 23  
National Collegiate Alcohol Awareness Week; October 16 - 22  
National Healthcare Quality Week; October 17 - 23  
National Health Education Week; October 17-21  
Red Ribbon Week; October 23 - 31  
Respiratory Care Week; October 24 - 30

## **Days to Note**

Child Health Day; October 3  
World Cerebral Palsy Day; October 6  
National Depression Screening Day; October 6  
World Mental Health Day; October 10  
International Day of the Girl; October 11  
Metastatic Breast Cancer Awareness Day; October 13  
World Sight Day; October 13  
Global Handwashing Day; October 15  
National Latino AIDS Awareness Day; October 15  
World Pregnancy & Infant Loss Remembrance Day; October 15  
World Food Day; October 16  
National Mammography Day; October 18  
World Pediatric Bone and Joint Day; October 19  
World Osteoporosis Day; October 20  
National Check Your Meds Day; October 21  
Lights on Afterschool; October 22  
International Stuttering Awareness Day; October 22  
National Prescription Drug Take Back Day; October 24  
World Psoriasis Day; October 29  
World Hypophosphatasia Day; October 30

## **November 2022**

American Diabetes Month  
Bladder Health Month  
COPD Awareness Month

Diabetic Eye Disease Awareness Month  
Lung Cancer Awareness Month  
National Alzheimer's Disease Awareness Month  
National Epilepsy Awareness Month  
National Family Caregivers Month  
National Healthy Skin Month  
National Home Care & Hospice Month  
National Pancreatic Cancer Awareness Month  
Prematurity Awareness Month  
Stomach Cancer Awareness Month

## **Weeks to Note**

National Diabetes Education Week; November 6 - 12  
National Radiologic Technology Week; November 7-13  
National Nurse Practitioner Week; November 13 - 19  
Gastroesophageal Reflux Disease (GERD) Awareness Week; November 23 - 29

## **Days to Note**

National Diabetes Heart Connection Day; November 9  
World Pneumonia Day; November 12  
World Kindness Day; November 13  
World Diabetes Day; November 14  
World Prematurity Day 2022; November 17  
Great American Smokeout; November 17  
International Survivors of Suicide Loss Day; November 19  
National Family Health History Day; November 25  
Giving Tuesday; November 29

## **December 2022**

National Safe Toys and Gifts Month  
National Impaired Driving Prevention Month

## **Weeks to Note**

National Handwashing Awareness Week; December 5 - 11  
National Influenza Vaccination Week; December 5 - 11

## **Days to Note**

World AIDS Day; December 1  
International Day of Persons with Disability; December 3